

# Trio



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The publisher does not necessarily hold the same  
views as those expressed by contributors and  
reserves the right to refuse or alter material supplied.



# TRELIGHTS VILLAGE GREEN SUMMER FAIR

## Saturday August 3<sup>rd</sup>

### 1pm-4pm

### at MILL HOUSE (opposite The Chapel)

**BBQ, TEA, COFFEE, CAKES & ICE CREAM**  
**PIMMS BAR**  
**GAMES, BOOKS & JIGSAWS**  
**PLANTS & RAFFLE**

**individual 'table top or blanket' sales**  
*(please contact us for details)*

Enquiries to: Tracy Smith [tjsmith21@hotmail.com](mailto:tjsmith21@hotmail.com)  
or Denise Pierpoint [Denisepier@protonmail.com](mailto:Denisepier@protonmail.com)

FIND US ON  facebook

PROCEEDS FOR TRELIGHTS CHRISTMAS LIGHTS AND THE DEFIBRILLATOR

The  
**Wednesday morning**  
**Community Cafe**



**every Wednesday morning**

**OPEN from 10am-12noon**  
**Port Isaac Village Hall**

**COME FOR A CUPPA, CAKE & CHAT**

THIS MONTH'S COVER PHOTO: PAUL FISHER

# Port Isaac Heritage

## 56 Club

At the moment our lottery is a 56 Club but you can still renew your membership or become a new member. It's your chance to win a monthly cash prize joining the 36 winners we had during our first year. Just call into *Secrets* for a renewal or an entry form or send us an email:

[info@portisaacheritage.co.uk](mailto:info@portisaacheritage.co.uk)

It costs just £2 a month and every month half of our monthly receipts are paid out as three cash prizes. The June draw prizes total £56 ...

**FIRST PRIZE OF £28 -**  
ticket no: 23 -  
Angela Vane

**SECOND PRIZE OF £18**  
- ticket no: 12 -  
Bill Hawkins

**THIRD PRIZE OF £10 -**  
ticket no: 45 -  
Alan Bradshaw

*winning tickets drawn by Jake  
who is one of the men who  
keep our village clean*

**PORT ISAAC HERITAGE  
EXHIBITIONS**

**OPEN DAILY**

**in The Chapel Café  
in the Roscarrock  
Hill Chapel**

*run and supported by fundraising  
from volunteers with help from  
The Doc Martin Fund and the  
Heritage Lottery Fund*

# PORT ISAAC LOCAL HISTORY WEEKEND

## JULY 27<sup>TH</sup> & 28<sup>TH</sup>

### 10<sup>AM</sup>-4<sup>PM</sup> DAILY

free entry

Drop in  
and see us

## PORT ISAAC VILLAGE HALL

WATCH OUR ORAL HISTORY INTERVIEWS

LOCAL HISTORY DISPLAYS

VILLAGE TRAIL COMPETITION

ALL-DAY  
REFRESHMENTS

CHILDREN'S CRAFT CORNER

11AM SUNDAY – FISHERMAN'S KNOT MAKING  
WORKSHOP

## Port Isaac Heritage themed evenings

Thank you to Malcolm Lee for presenting a brilliant Port Isaac Heritage School Night in June in the Village Hall. It was such a wonderful trip 'down memory lane' hearing first-hand about the exploits of the children at Port Isaac School. Thank you so much to Joan, Billy, Annie, Mim and Alison sharing their stories.

**Coming soon**, to your very own Village Hall ... don't miss out!!

**7pm, Thursday August 1st: A Look Back at the History of Port Isaac's Fishing Industry**

**7pm, Thursday August 8th: The Story of Port Isaac's Trevan Book**

**7pm, Thursday August 15th: A Port Isaac Local History Film Night**



# PORT ISAAC

## CALENDAR 2025

PHOTOS TAKEN  
BY PAUL FISHER



**AVAILABLE MID-JULY ...**

## The Port Isaac 2025 Calendar

original photographs by Paul Fisher

published by Secrets, Port Isaac

**£9 a copy, all profits to Port Isaac Village Hall**

available from Secrets or email [info@portisaacvillagehall.co.uk](mailto:info@portisaacvillagehall.co.uk) to purchase by mail order  
£9 + p&p - UK first class £4, Europe £6.20 Rest of the world £9.60

**RAISING FUNDS FOR PORT ISAAC VILLAGE HALL**



### Projector Screen

Does anyone have a Projector Screen we could borrow for our Local History Weekend, Saturday & Sunday July 27th & 28th please? We would take good care of it.

Please contact Barbara on 07968 154308 if you can help.

*Port Isaac Heritage*

### Anyone for badminton?

We are looking at doing some work on the lighting in Port Isaac Village Hall and before we proceed we would like to hear from you.

Some locals have mentioned they would like to play badminton in the Hall. If there is enough interest and it is going to be a regular booking we will take this into consideration when planning our new lighting.

Alternatively, several people have said they would like to play table tennis in the hall. This is a lot easier to do as doesn't require the height and the length to play and we could be good to go on this. So again, if you fancy playing table tennis in the Hall please let us know.

Send an email to [info@portisaacvillagehall.co.uk](mailto:info@portisaacvillagehall.co.uk) or call/message 07814 462164 or mention it to a Village Hall Committee member.



*Port Isaac Village Hall Committee*

# THE PORT ISAAC FISH CELLARS REPAIRS PROJECT

Funds are being raised for a much needed makeover of the Port Isaac Fish Cellars. The building dates back to the 1800s and has always been connected to the fishing industry, with our fishermen still using it daily. The building also hosts two shops selling the local catch, and is the home of the Port Isaac Rowing Club and the gig is used by locals of all ages.

The plan is to do the work in two phases. Phase 1 will hopefully start this summer and will consist of repairing the external doors and windows as well as making safe two sets of steps and replacing handrails. The safety of the flooring throughout the main cellars needs to be improved and made completely level, getting rid of any holes. We will also replace any missing roof tiles, repair and clean all of the inside walls and paint throughout.

Phase 2 will happen in the winter when the village is quieter. This will include repairing the walls and ceilings in two of the upstairs store rooms making these more usable and accessible.

Port Isaac Fish Cellars is run by a committee of both current and ex-fisherman (who live in Port Isaac) who would love to see the building resorted for future generations. The building is a 'not-for-profit' entity so any donation you can give really would make a huge difference to this project going ahead.

Port Isaac is a fishing village, has always been one, and with your help can continue to be one. It's part of our identity and something which helps make Port Isaac the special place it is. If you love this place please consider helping to secure the village's fishing future by supporting our crowdfunding campaign and our fundraisers - first up being our Lobster Supper

→  
Liz Brown is the person to contact if you want any more information -  
**07539 675684**  
[carlenice@aol.com](mailto:carlenice@aol.com)



*Lobster caught off Port Isaac by local fisherman Tom Brown, cooked & prepared in Port Isaac Fish Cellars*

*& served in*

**Port Isaac Village Hall**

**7<sup>pm</sup> Friday  
July 12<sup>th</sup>**

**£55 per person**

**advance bookings only**

*numbers limited so book  
now to avoid disappointment*

**Call 07539 675684**

**or email:**

**[carlenice@aol.com](mailto:carlenice@aol.com)**

**to reserve your place**

*vegetarian option - please  
confirm when booking*

## MENU

Welcome glass of Pimms and  
a selection of canapes

### STARTER:

Smoked Mackerel Pate  
topped with Hot Smoked Salmon  
& Prawns,  
served with toasted sourdough

Vegetarian: Chargilled Asparagus  
served with Hollandaise Sauce and  
toasted sourdough

### MAIN COURSE:

Half a Port Isaac Lobster  
Vegetarian: Luxurious Veggie Stack  
both served with salad and new  
potatoes with parsley butter

### PUDDING:

Strawberries, meringues and  
Clotted Cream

## ENDELIENTA ARTS

Arts and Spirituality in North Cornwall

[www.endelienta.org.uk](http://www.endelienta.org.uk)  
[www.ncornbookfest.org](http://www.ncornbookfest.org)



### Events at St Endellion (Port Isaac PL29 3TP)

July 2024

#### Bishops Singers

Saturday July 6th, 7.30pm

St Endellion Church, £10 | *free for accompanied under 16s*



We are delighted to have Bishops Singers (Bishop Wordsworth's Grammar School's chamber choir) joining us from Salisbury. Bishop Wordsworth holds choral tradition as core to daily life, with their main choir leading monthly services at Salisbury Cathedral and giving concerts in the city and beyond.

This is the second time the choir has performed at St Endellion Church. Join us for an evening of spectacular choral chamber music culminating in a performance of Rutter's Gloria. Tickets available at: <https://endelienta.org.uk/>

#### Make Club: Paper Feast

Saturday July 13th, 10am-12noon

St Endellion Hall, £5 per family

Create a delicious meal or snack entirely out of paper, card and recycled materials. Join us as we prepare an incredible inedible feast! Expect cardboard cakes, pompom ice creams in paper cones and much more.

Each month we have new creative ideas to keep the whole family busy. The Make Club is a fun space to explore, create and get messy. The workshops are led by inspirational artists and makers. Remember to book in advance as tickets sell out fast. Tickets available at: <https://endelienta.org.uk/>

#### Cornish Language Residency Show

Friday July 19th, 7.30pm

St Endellion Church, pay what you decide

In partnership with Lowender Peran and Cornwall Council, our Cornish language residency will be returning to St Endellion this July. We are supporting three musicians to develop the use of the Cornish language in their creative practice. Come along for an exciting evening of performances and see what our residents have been working on. This year's residents include: Anna Anise, Elizabeth Freeborn and Matthew Thomason.

This event is pay what you decide – please book in advance and bring cash on the day. Tickets available at: <https://endelienta.org.uk/>

## NORTH CORNWALL BOOK FESTIVAL

September 26th-29th  
St Endellion, Port  
Isaac PL29 3TP

Tickets for the North Cornwall Book Festival go on sale on 1 July. Poet Laureate, Simon Armitage, and Booker prize winners Anne Enright and Alan Hollinghurst are part of the tempting literary line-up at this year's Festival.

Hundreds of book lovers from all over the UK are expected to flock to this unique literary festival, established by Cornwall's internationally acclaimed author Patrick Gale. The main weekend features author talks, concerts, workshops, an art exhibition, a local artisan market and an ever-popular pop-up café.

Joining Anne Enright and Simon Armitage will be Cornish stand-up comedian Edward Rowe, photographer of ancient Britain David Abram, and crime writer extraordinaire Abir Mukherjee. Festival favourites, BBC Radio 3's Petroc Trelawney and critically acclaimed author Tiffany Murray, will also be taking to the stage, hosting interviews and Q&As.

Visitors will have the opportunity to enjoy evening entertainment, including a performance from LYR, the genre-splicing supergroup featuring Simon Armitage and a live recording of Radio 4's Loose Ends.

To find out more and book, visit: [endelienta.org.uk](http://endelienta.org.uk)



# PORT CHORALE



Hi all,

Well, the joint concert at St Endellion Church with Wadebridge Male Voice Choir and our Chorale was a great success. The church was full despite it being Cornwall show weekend! Both choirs performed well and hopefully the audience was well entertained. However it was a bit of a rush for those of us (who sing in both choirs) to change from one choir uniform to the other in the interval whilst Jo Norton played Mendelssohn's Song Without Words!

Jo's son, Fergal, played two interlude sessions showcasing his own songwriting skills and acoustic guitar playing. Thankyou Fergal.

The drinks and nibbles provided in the Hall afterwards were appreciated and allowed the two choirs to mix socially and enjoy the 'afterglow'.

It was agreed that this should be an annual event hosted alternately by each choir. Perhaps we can even entice Wadebridge Chorale to join us in a three choir event.

The concert raised over £350 in aid of Cornwall Air Ambulance.

The annual Chorale BBQ was again hosted by Jenny & Brian at their lovely home in Trebetherick. It was well attended and the rain held off! A bouquet of flowers was presented to Liz Rowe in appreciation of her 43 years singing in the choir and her voice will be sadly missed. We look forward to seeing her at our future social events.

Our next concert is approaching fast at St Minver Church on the 12th July at 7pm, 'Songs of the Musicals' being the theme and should provide a pleasant evening's entertainment. The same theme will be used for the Concert at St Peter's, Port Isaac on Sunday 28th July at 4pm. We hope to see you there at one or other or both!

Final note. We have been asked to sing at Truro Cathedral in December, a concert of traditional Port Isaac and Cornish Carols. Different towns and villages have been invited to sing in such over the years and we are honoured to be asked. More details to follow in a later edition.

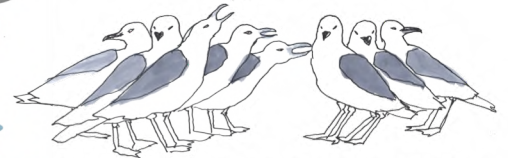
Yeghes Da, Alan



**GULLS**  
will be singing on the Platt,  
Port Isaac every Wednesday  
evening throughout the  
summer, starting on July 24th  
7.30pm ish



if wet, in the  
**Village Hall**



RAISING FUNDS FOR THE PORT ISAAC FISH CELLARS REPAIR FUND



Reece Collins, one of the Padstow Sea Cadets, who were invited by the Royal British Legion to attend the D-Day 80th Memorial Service in Padstow ... Reece then rushed back to Port Isaac to sing with the *Yarny Goats* at the RNLi Service on the Platt

# HANDS ON HOOKS FUN PALACE

Let's start with the very good news that St Endellion Parish Council have granted *Hands on Hooks* permission to install our giant poppy display around the war memorial to mark Remembrance Day 2024 - so full steam ahead. Thanks to everyone who helped us to make that happen.

Following our latest event in June, we would like to welcome all our new members – there are now about 37 of us, plus quite a few remote makers. There were 17 in the snug at the Golden Lion, quite a record. Luckily, we weren't all there at the same time. A few of regular members couldn't attend on the day, but we caught up over the weekend and managed to make another poppy or two. Lots of sharing and learning went on as we practised the new crochet stitch used in the latest poppy patter (whilst making the poppy). It is incredible how fast the learning process is once you get started. On that topic we had two novice crocheters who made great progress in the session. Almost everyone worked on crocheting or knitting a poppy and there was plenty of yarn to take home to continue. An interesting thing this time was that there were quite a few people who brought along a friend who had heard about the group and wanted to join in, wanted to be part of this new social group and wanted to contribute to Port Isaac's Grand Project. This community group is beginning to serve its own purpose, with people discovering skills that they didn't know they had and finding links with one and other that they would never have done had they not dropped in.

We were delighted that there were so many poppies made on the day and more brought along too. We now have about 180 poppies, so slowly creeping towards our target. A couple of people have been crocheting poppies on their holidays too - crochet is so portable. A big thank you to everyone who's been making for us, including two up country groups: Yarn & Yack and Plain & Pearl who have made 30 so far. It was interesting to learn that they wanted to be part of this special project to mark Remembrance.

We hope you had fun making poppies from the patterns in recent *Trios*. This month, there is a trickier knitting pattern that will surely be a challenge. We know this is the busy time for everyone in Port Isaac but if you have time, please use your favourite patterns to make poppies at home or join us at *Hands on Hooks*. Don't worry if you haven't made anything so

## DO YOU WANT TO LEARN A NEW SKILL AND CONTRIBUTE TO A COMMUNITY PROJECT?

**WHERE?** The Golden Lion, Fore Street, Port Isaac

**WHEN?** Friday August 30th, 10am-3pm

**WHAT?** Hand on Hooks Fun Palace - Crochet Skill Share

Drop in for an hour or two ... together we can create!

For more information, to join our WhatsApp group, or with questions about our grand project, please email Alison Mann on [handsonhooks@gmail.com](mailto:handsonhooks@gmail.com) or call 07817 873968



far and if you'd like some help just ask. Thanks again to everyone for joining in the fun and for contributing to this grand Port Isaac project. Finished poppies and yarn donations can be dropped into the Port Isaac RNLI shop where you can pick up more yarn to continue making.

Port Isaac's *Hands on Hooks* community skills share started in October 2023, meeting every 6 weeks or so, in the Golden Lion, welcoming everyone from the community of Port Isaac and the surrounding areas. With FEAST funding still in place, *Hands on Hooks* is free and everything is provided. We welcome all levels of experts and learners to drop in for a chat over crochet and knitting. All ages welcome 9-99 ...

There may be an additional meeting in July, with details posted on the WhatsApp group, posters and word of mouth. For more information or join our WhatsApp group, please email Alison Mann at [handsonhooks@gmail.com](mailto:handsonhooks@gmail.com)

the Albany



## Hands on Hooks Grand Project: Large Poppies for the Platt for Remembrance Day 2024 Cable Edged Knitted Poppy pattern

This pattern forms a tidy poppy but is slightly more challenging and possibly for more experienced knitters. However, anyone can have a go, just check the unfamiliar stitches online. For the red part, use Aran yarn or 2 strands of DK yarn. Use a single strand of DK yarn for the dark centre. We used acrylic yarn to withstand the weather!

**Knitting Needles:** 5.5mm and 4.0mm

**Knitting Methods:** Cable Cast On Central Double Decrease (CDD) Slip-Slip-Knit (SSK) - Search Patty Lions' methods online

Yarn: **Colour A – Red**, Colour B – Black

Using Colour A (red) Cable cast on 120 stitches using 5.5mm needles.

Rows 1-10 knit

Row 11 CDD (central double decrease), repeat CDD across the whole row = 40 stitches

Rows 12-18 knit

Row 19 SSK (slip-slip-knit), repeat SSK across whole row = 20 stitches

Row 20 knit

Cut red yarn, leaving a long tail for seaming later.

Change to Colour B (black) and switch to 4.00mm needles for centre.

Rows 21-26 knit

Row 27 SSK and repeat across whole row = 10 stitches

Row 28 knit

Cut a tail long enough to thread through the remaining 10 stitches, pull tight to form a circle, then use to invisibly seam the dark centre of the poppy. Use the red tail to seam the red petal part. Weave in any remaining tails.





# PORT ISAAC ROWING CLUB NEWS

*"we row as one"*

Our club is thriving with 36 members and 11 potential new rowers currently in their trial period.

**Rocarrock Revival:** Our cherished gig, Rocarroch, has been beautifully restored thanks to the dedicated efforts of our members. Special appreciation goes to Paul Glanville for overseeing the project and to Pinky for her hospitality. The refurb of Rocarroch, made her shipshape and ready for the World Gig Championships on the Scillies, where we had an amazing time racing with other clubs on the gig racing world stage!

**Club News:** The gig shed is getting a mini make-over with a fresh lick of paint on the cupboards and some new cox and crew notices. And we now have five newly qualified Level 1 coxes, which is a great achievement for the club.

**Zennor Regatta:** PIRC competed in the Zennor Regatta on May 18th in Newlyn, It was a fantastic day of competitive racing.

Although the Boscastle & Crackington Regatta was cancelled due to weather, our crew enjoyed a two hour row on the Camel estuary. It was great that we could adapt our plans and make use of calmer conditions and use one of our three gigs.

PIRC were invited to take part in the Geoff Pearce Memorial Race in Newquay on 19th June. Geoff coxed and trained our ladies crew in the 90's. It's a ladies only race and rowers from all the participating clubs are mixed up and allocated a gig for one race and a social afterwards. It was a competitive race with Kerensa and Amy repping for PI, rowing alongside Padstow and Newquay ladies, with their gig coming in a respectable 3rd place.

***Come along to one of our events!***

**Port Isaac Rowing Club Regatta:** Sunday July 14th at Port Gaverne

We invite everyone to come and support our Regatta at Port Gaverne! It's going to be a fantastic day of rowing - great fun for spectators and rowers alike! Our club members will be providing refreshments from 9am, and racing with other gig clubs from 12pm.

It's a great way to find out more about the club and meet our members. Why not have a chat with one of the crew and ask about a trial row if you are interested in joining?

- Breakfast: 9-11am
- Racing: Starts at 12pm
- BBQ: All day
- Raffle and Refreshments

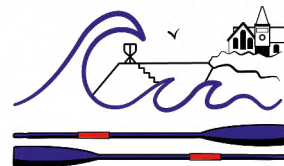
**Gig Talk:** Monday July 22nd at Port Isaac Village Hall

- An informative evening on Gig Racing
- Time: 7pm
- Bar open
- Donation

**Fun Quiz Night:** Friday August 30th at Port Isaac Village Hall

- Time: 7pm
- Teams: Up to 6 members
- Raffle and Bar
- £5 a team (max 6 in a team)

PORT ISAAC



ROWING CLUB

*"We row as one"*

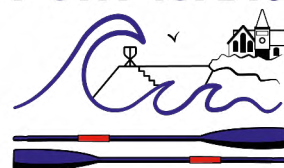
## Regatta

**July 14th - Port Gaverne  
Racing from 12pm**

**Breakfast from 9-11am - BBQ all day  
Raffle and Refreshments  
Everyone Welcome**

[www.portisaacrc.com](http://www.portisaacrc.com)

PORT ISAAC



ROWING CLUB

*"We row as one"*

## Gig talk

***"An informative and fun evening  
exploring the popular sport and history  
of Gig Racing"***

**July 22nd - Village Hall 7pm**

**FREE ENTRY**

*(Donations for the club gratefully accepted)*

**Bar open - Everyone welcome**

[www.portisaacrc.com](http://www.portisaacrc.com)

### Regular Activities:

**Thursday Socials:** Join us after our Thursday row at the Golden Lion or on the Platt.

We row from Port Isaac on Tuesdays, Thursdays, and Sundays (weather and sea conditions permitting)

**Talks & Trips** meet in both Port Isaac Village Hall and St Endellion Hall. It is linked to Tate St Ives through their **Look Group** programme, initiated in 2009. This enables Cornwall based Look Groups to connect with each other and enjoy regular visits to exhibitions and special events and activities - [tate.org.uk](http://tate.org.uk) For a fee of £5 and proof of your local address you have access to a locals pass which also gives you admission to other exhibitions in the future. The **Port Isaac Group** meets regularly and its aim is to invite speakers to talk about their specialist subject and connect with current exhibitions.

## Summer programme

**Wednesday July 10th TALK**  
**St Endellion Hall, 7.30pm**  
**SIMON RAY**



### Passion and Tranquility Tiles from the Indian and Islamic World

Simon Ray is one of the leading dealers in Indian and Islamic works of art. He has worked in the field for 39 years, specialising in a wide range of fine and court arts from the great Indian, Islamic and Southeast Asian empires. He worked for the eminent London art dealers Spink, which was part of the Christie's Group for 17 years before establishing Simon Ray Indian and Islamic Works of Art in 2022 at 21 King Street, St James's, London.

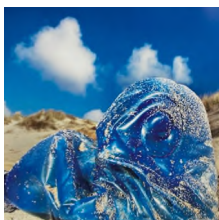
**Wednesday July 24th TALK**  
**St Endellion Hall, 7.30pm**  
**FRANCA WESTAWAY**



### The Fabric of my Life - Textiles, Pattern and Me

Franca is a designer/maker and Arts Educator. Having trained in Fashion and Textiles she retrained seven years ago as a Surface Pattern Designer. She says, "I am particularly drawn to the beauty of plants and the natural world, often drawing and painting before going on to digitally design and print." This influence and love of nature can be clearly seen in her bold and colourful designs. Her love of nature is also central to the ethical concerns that underpin all aspects of her business. Franca now sells her own design fabrics and handmade homeware, works on commission for private clients and as a print designer for the clothing industry.

**Wednesday August 28th TALK**  
**St Endellion Hall, 7.30pm**  
**RUTH PROUDFOOT**



*Picture - Andy Hughes West, Beach: Santa Barbara, California 2005*

### A Sense of Place

Within this talk we will cover a broad range of mostly contemporary artists. The discussion will look at how the environment inspires and informs work. This theme will cover several examples of artists who respond to their surroundings in dramatically different ways. Some will be light-hearted and others will have a more serious historical feel. There will be an investigation to weigh up specific creative relationships that link to environments. Examples will consider locality alongside several artists' independent styles and thought processes/

# LOOK GROUPS

A FUN AND INFORMAL WAY TO MEET NEW PEOPLE AND TALK ABOUT ART, ARTISTS AND IDEAS

You don't need any knowledge of art to get involved and enjoy exhibitions and events. Your local Group is open to new members. Why not give it a try?

## Talks & Trips



**Wednesday September 11th TALK**  
**St Endellion Hall, 7.30pm**  
**JON CLEAVE**



### Salty Tales, Shanties and Songs of the Sea - a flotsam and jetsam of nauticalia

Our fascination with the sea and our relationship with it is evident across the world of arts; from the highbrow to the lowbrow, from works of Benjamin Britten to the ribald and profane work songs of sailors, from the exhibitions of the Royal Society of Marine Artists to the scrimshaw ivory carvings of whalemens, many of us aboard this island nation are intrigued by our maritime past. This talk explores various diverse aspects of our relationship with the sea, on both a global and local scale, and reveals some surprising insights into our shared heritage.

**Saturday September 14th TALK**  
**St Endellion Hall, 7.30pm**  
**PAUL JACKSON**  
**50 years a Maker**



An in-depth talk which will embrace many of Paul's 50 years as a potter, taking you through the early years of birds and flowers to the present pots with their abstract decoration. It will also include a description of his wood kiln and the wood fired pots it produces, including some fascinating technical information.

To find out more information or to be added to our WhatsApp group please contact Caroline Cleave on 07966 501156

## Talks & Trips





**BUY A £1 DRAW  
TICKET**



**WIN THIS ORIGINAL PAINTING**



**FOR THOSE  
IN PERIL**

Painting created by  
Barbara Hawkins  
well-known local artist  
working from  
Port Isaac Pottery

TICKETS AVAILABLE FROM THE PORT ISAAC RNLi SHOP

**ALL FUNDS IN SUPPORT OF PORT ISAAC RNLi**

DRAW TAKES PLACE AT THE RNLi CHRISTMAS MARKET IN  
PORT ISAAC VILLAGE HALL ON SATURDAY NOVEMBER 30th 2024



**HELP NEEDED IN  
THE RNLi SHOP**

**Would you consider joining  
our team at the RNLi shop  
for just a few hours a week?**

The rota is very flexible and other volunteer crew have mostly been with us since opening the shop over two years ago ... a very loyal and happy group, all helping to Save Lives at Sea.

Please call Liz 07968 619138 or Carole 07854 386997.



**RNLi  
200  
YEARS**

**Lifeboats**



Thank you to everyone who came down to the Platt for the Annual Service of Thanksgiving for the lifeboat and her crew. Special thanks to Rev Judith Pollinger for leading the service and blessings and to St Minver Silver Band for their beautiful music.

Afterwards everyone was invited to the Boathouse for cream tea and refreshments kindly supplied by Sharp's Brewery. We raised in excess of £500! Thank you for your support and generosity.

## **20 YEARS SINCE THE BOSCASTLE FLOOD**

On August 16th, it's 20 years since the Boscastle Flood - a catastrophic storm which caused huge damage to the village with emergency services declaring a serious incident. Thankfully no lives were lost, a huge part due to the amazing response from all of the emergency services. Anyone who was there will remember that day for the rest of their lives.

As part of the RNLi's 20th anniversary, we have been approached for interviews from our crew who responded that day. Greatest Hits Radio (previously Pirate FM) and BBC Spotlight have been to the station. We'll keep you posted for when these interviews are released. They're admirable and spine tingling.



It's that time of year again! Port Isaac RNLi is preparing for the annual Lifeboat Larks and will be running our very successful TEDDY TOMBOLA. If you have any teddies or soft toys in good condition you would like to donate to this stall we would be very pleased to receive them. Collection can be arranged. Call Liz on 07968 619138. Thank you.



## St Endellion Parish Council

# Contract & Maintenance Supervisor Report

Recently the weather has been very trying, sunshine but really chilly with a northwesterly wind blowing. There's been plenty of white horses in the bay, but find a sheltered spot and it feels like summer.

The main footpaths in Port Isaac and Port Gaverne valley have been cut by the groundwork team, along with some large branches in Port Gaverne valley that were blocking the path and quite a big tree on the Port Isaac to Tresunger's path. Also, the long grass in the lower part of the football field and in the dog walking field has been cut.

Since the independent RoSPA inspection in May was carried out at the play area, the minor problems have been worked on; like adjusting the height on the basket swing which was 5cm too low. And a few other small issues that have cropped up in the past few weeks. Two lots of graffiti, litter picking, including dog poo, despite notices on the gates to remind people that dogs aren't allowed in.

There have been other incidents of graffiti in the parish too, which have been cleaned away now. It seems that a general election can bring out the social and political commentary in owners of spray paint, stencils and paintbrushes with judgements about our leaders! But seriously there is very little of this kind of damage in the parish.

One place that has had a little lift is the community flower bed near the War Memorial. One of the Parish Councillors thought it would benefit from a bit of TLC so it's received some attention and some new planting. While pruning a Phormium, it's one of those spiky plants, there was a stick insect sitting on a leaf, about 15cm long and really well camouflaged, when I first spotted it I did a double take and invited passersby to come and take a look! Something to mention to is that there are a variety of herbs growing which can be used if you would like to help yourselves; bay leaves, mint, rosemary, thyme and sage.

In the Main car park the ticket machines have had numerous problems. The engineer has attended on two occasions and on a third he managed to explain to me how to fix a problem over the phone. One of his visits I stayed to assist with the machine repairs, as all three had gone down! Once one machine was working I talked people through the purchasing process to help speed things along, it was quite busy for a while but we managed to clear the backlog quickly.

As I'm sure most folk will be aware that the B3314 is being resurfaced, not before time, which has caused a fair bit of chaos in and around Trelights. Cornwall Council Highways Dept. were told of about a lack of signage and the confusion being caused. They were grateful for the feedback and I hope have altered the route/signage to improve the situation.

The new sign for the Parish Council owned section of the Cemetery has been erected and the space tidied with the bin being repositioned too. One resident family asked me to check out part of the main Cemetery for them, as they were concerned that some of it was getting a bit overgrown, however, on my visit it was clear that a great deal of work had been carried out recently and was looking neat and respectful.

Unfortunately I haven't been able to sort the fly-tipped mattresses near St Endellion, but I am still working on a solution and hope to get rid of them very soon, maybe even by the time this goes to press.

Meeting attended this month were the Full Parish Council meeting and at Roscarrock Hill WCs to meet a man...to discuss hand rails and barriers. Work on the refurbishment is continuing, but at the moment it's concerning the overall design and making sure that the correct compliance is adhered to, but at least it's open for the public to use, even if it's not collecting any revenue at the moment.

One thing I've been involved with, along with Danielle, our Clerk, has been

changing the contractor for litter bin emptying in the Main car park, play area and a couple of other locations which will begin in July. There won't be any visible



difference in the service, Biffa will still be carrying out the work, but Cornwall Council's Environment Dept. will be sending invoices rather than Biffa, with a considerable saving to the Parish.

Cornwall Council had a pop-up concession site in New Road car park and had provided this years licence to a large Whippy type ice cream van. This caused the tenants in the Parish Council owned retail outlet in the car park a great deal of worry and concern about how this would affect their business, as they also sell ice cream. To cut a long story short the van was too big to fit in the space and moved to another area of the car park, however this was not a registered concession space and there was no trading. Eventually Cornwall Council withdrew the licence and it appears that the pop-up sight will be removed from the list of available spaces for the foreseeable future.

After witnessing a double decker bus trying to navigate the chicane of parked trades vehicles on New Road and vehicles committing themselves to the wrong side of the road from the bottom right up to the brow of the hill, our local postman was very concerned about the situation, he asked if there was anything to be done. I contacted Cornwall Council's Parking Enforcement Dept. who sent a traffic warden out a few days later. All the vans disappeared only to return within a few hours. I tried the Police who's multiple choice phone options told me unless it was an emergency they wouldn't attend and referred me to Cornwall Council's Parking Enforcement Dept! Thinking a little more laterally our Parish Clerk contacted the building site manager and the vans moved, mostly to Silvershell! There have been a few parked in the same area since, but not nearly so many. I've received a couple of reports of different things to followed up from

*continued on page 16...*

# Quick and Easy Sichuan Noodles



These pork Sichuan noodles are just perfect to make inside 20 minutes

## Ingredients:

7oz / 200g of vermicelli noodles  
2 tbsp of olive oil  
8 spring onions, sliced  
1 large carrot peeled and finely diced  
2 celery sticks finely diced  
2 garlic cloves crushed  
Half a fresh red chilli deseeded and finely diced, optional  
500g of lean mince pork  
2 tsp of Chinese five spice powder  
3 tbsp of hoisin sauce  
2 tbsp of soy sauce  
Juice of a lime  
1 small bunch of coriander, chopped  
Salt and freshly black pepper  
50g of unsalted cashew nuts, chop to serve

## Method:

Cook noodles in boiling water according to the packet instructions. Drain and run under cold water then snip in half and set aside.

Meanwhile heat oil in a pan or wok and add the spring onions, carrots, celery, garlic and chilli and stirfry over a medium high heat for 3 to 4 minutes.

Add the pork and fry for about 2 to 3 minutes until golden brown all over, breaking the mince up with two wooden spoons.

Sprinkle over the five spice and fry for 2 to 3 minutes then add the hoisin sauce soy sauce and lime juice. Season with salt and black pepper and toss over high heat until everything is coated and glossy then add the noodles and coriander and toss to combine.

Transfer to a warm serving bowl and sprinkle with the nuts to serve ... you can toast the nuts for Kathryn, not for more flavour if you prefer but dry fry them in a pan over high heat for a few minutes keeping a careful eye on them, making sure they don't burn!

This one is a family favourite of ours and the one the family still love as much today. Tender chicken that comes off the bone easily with a barbecue style charred appearance and flavour. It's so easy, just put it in the oven leave it to do its magic if you'd like smaller portions use six chicken drumsticks instead.

## Lanyon Chicken!

Ingredients: Six chicken legs, about 7oz each, with skin on

### For the marinade:

6 tablespoons of tomato ketchup .  
2 tablespoons of tomato purée  
2 tablespoons of grainy mustard  
3 tablespoons of Worcester sauce  
2 tablespoons of runny honey  
One garlic clove crushed

### Method"

Using a sharp knife make shallow cuts in the top of the chicken.

Put all the ingredients for the marinade in a bowl and stir until combined. Then add the chicken legs and toss to coat using your hands to cover them really well in the marinade. Then cover the bowl and place in the fridge to marinate for a minimum of 30 minutes but it will be better if you leave it overnight.

Once marinated preheat the oven to 200°C, gas mark 7. Line a roasting tin with baking paper and place the marinated chicken legs in the tin, skin side up in a single layer. Spoon over the remaining marinade. Then roast in the oven for 35 to 40 minutes until sticky and golden and cooked through. Skim off any fat from the cooking juices and pour the juices into a jug serve hot to pour over the chicken when served with a green vegetable or salad and sauté potatoes or mash.

OMG I'm salivating already ...

This one is a great recipe if you've got underripe pears and it's a great alternative to a fruit salad ... and so quick and easy

## A pud with Pears

### Ingredients:

6 conference pears, slightly underripe  
300ml of white wine  
225g of caster sugar  
Juice and finely grated zest of one lemon

### Method:

Peel the pears neatly leaving the stalks on.

Measure the wine sugar into a saucepan large enough to accommodate all the pears and pour in 600ml of water and add the lemon juice and zest. Stir over low heat until the sugar is dissolved then bring to the boil and cook for 4 to 5 minutes

Place the pears in the pan, cover with a lid and gently simmer for about 30 minutes until soft - you may need to turn the pears over half way through. When done you will be able to insert a fork into the pears easily.

Spoon the pears into a serving dish and once syrup has cooled down spoon over the pears and serve cold with cream

*TOP TIP: My favourite cream with these is a Chantilly which is whipped cream with vanilla extract and a little sugar.*



PORT ISAAC COL. SCHOOL.

TIME TABLE.

DAY	9:10	9:45	10:30	10:45	11:25	12:15	1:30	1:40	2:40	2:50	3:25	3:55	4:05
MONDAY	Arithmetic	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.
TUESDAY	Arithmetic	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.
WEDNESDAY	Arithmetic	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.
THURSDAY	Arithmetic	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.
FRIDAY	Arithmetic	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.	do.

One of the most useful documents, which was found loose at the back of the school register, was a neatly handwritten school timetable. Comparing the handwriting with that in the other record books failed to find a match, but it probably dates from around the turn of the 20th century. One glaring error, in the very first line of the title no less - and in capitals too (!) - was that the word SCHOOL was spelt without the H. At least it wasn't spelt with a K, like I always remember the cartoon kids did in those favourite children's comics of my childhood: the Beano and the Dandy.

The timetable shows there were four classrooms available for the varying teaching standards. Education in Victorian England was based on six attainment standards, which very much concentrated on the 'Three Rs' - Readin', 'Ritin', and 'Rithmetic, a term first coined in the early 19th century. Standard 1 was the lowest level, where you had to be able to read a short narrative from an elementary textbook, copy in manuscript handwriting a line of printed text and write from dictation a few common words, as well as simple addition and subtraction of a four digit number plus multiplication tables up to multiplication by six. The highest was Standard 6 where you were required to read with fluency and

expression, write a short letter, and calculate proportions and fractions. The school timetable shows a seventh standard, which I presume was for the brightest students. You did not automatically move up to the next standard each year but could only progress once you had passed the test for the previous standard. Quite a few left school at 13 having only completed standard 1, and some not even that. Those four rooms were occupied by over 200 pupils in 1877, and 12 years later it was over 300. The word overcrowded for those four classrooms seems woefully inadequate to describe what early education there was like.

The school day went from 9am to 4pm, with dinner break between 12 noon and 1.30pm. The morning session was broken up with a short recreation time and a similar short break in the afternoon. The day started with registration, followed by five minutes of prayers, then half an hour of religious instruction. Interestingly, there was a second registration taken immediately after this, presumably to check which pupils had bunked off while eyes were closed in prayer. The first lesson, covering the whole school, was 45 minutes of arithmetic. No doubt after that, the kids were only too glad to get into the playground for their 15 minutes of recreation. Next came 40 minutes of reading, also across the school. Those first morning lessons covered two of the Rs, and the final 35 minute lesson covered that last R, with various forms of written work, then it was dinner time, which may have been spent at home, or simply playing on the beach.

The afternoon started with yet another registration to see who had bothered to come back. The records show this was extremely unlikely to be anywhere near everyone, as truancy was a continual problem, and will be the subject of a later article. On Tuesday and Thursday afternoons following registration, the whole school had drawing followed by singing, but on Mondays, Wednesdays and Fridays, that next hour has two different timetables across the school, with one group carrying out needlework and sewing lessons, which in Victorian England was for the girls only to aid in their future home-making, whilst the boys had different classes, with the top standards having practical arithmetic and scale drawing as well as geography. After the short recreation break, were a variety of lessons, including physical education, history and science. The youngest had a class called 'Object Lesson' where the teacher held up objects, and the children had to say what it was.

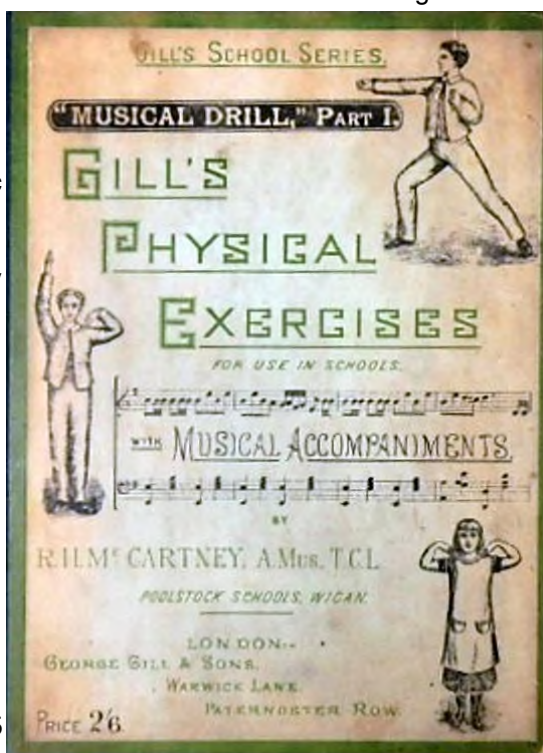
# Port Isaac's Victorian School Record Books 1 - The School Timetable

*The record books required to be maintained by a school in Victorian times contain a wealth of information for a local historian to use to flesh out the story of life for children and their families over a hundred years ago. It was a pleasure to be given the opportunity by our school to look over these dusty tomes, and those of you who were in the Village Hall on June 20th will have already seen my presentation on just a part of the story they tell. This article is the first of a series to cover what those books say about the earliest children attending Port Isaac's Board School.*

Regarding holidays, shortly after the school opened in April 1877 the board had decided there would be 6 weeks of holidays, with two at Christmas and four in the summer. The Log Books also record that time off was given for the Holicome festival, with a half day on the Thursday of Ascension week plus all day Friday. Half days were also given for Band of Hope (*Temperance*) and Church teas, no doubt as Warwick Richard Guy, the school board chairman, was active in both Roscarrock Chapel and the Band of Hope and wished his pupils to start off on the straight and narrow. Other occasional half days were given, such as when Warwick Guy held a public tea at his home at Park Villa, Trelights. For comparison, the current school year has thirteen weeks of holidays, plus six 'inset' days when the children do not attend and May Day Bank Holiday, a total of 14 weeks and 2 days.

We know a little about how reading was taught. In that first year of 1877, the headmaster noted ordering a dozen copies of each of the four books in the Laurie's Technical Reader series, with an extra dozen of book 2. That is just 60 books between 200 pupils. They look very different to the standard UK reader of my time in primary school in the mid to late 1950s – the 'Janet and John' series. I remember the first colourful page in Book 1 read 'This is Janet.', with the second page 'This is John.', and by book 3 we were learning about Chicken-licken who thought the sky had fallen on his head and went off to see the king (*the basis for the 2005 US animated film Chicken Little*). Many children of my era started with Janet and John then graduated to the (now rather non-PC) stories of Enid Blyton, and moving on to other childhood stories like Tom Sawyer, Huckleberry Finn etc. before picking up Dickens and other literary classics.

In the 1904 school log book was the headmaster's report on the 'Scheme of Work for 1904 and 1905'. This gave more detail on what some of the lessons comprised. Recitation included works by Wordsworth, with Standards 1 and 2 working on his poem 'The Sailor's Mother' and Standard 3 on his poem 'We are Seven'. Standard 4 had 'Llewellyn and his Dog' by W. R. Spencer. Recitation for Standards 5 to 7 had the trial scene in Shakespeare's Merchant of Venice to learn and recite. Drawing was 'For Boys Only' and the head underlined this for emphasis. He made no similar comment under his scheme for needlework, perhaps feeling it went without saying that class was for girls only. Singing was learnt using the Tonic Sol-fa technique, where the usual staff notations were replaced with 'do, re, mi, fa, sol, la, ti, do', as immortalised by Julie Andrews in *The Sound of Music*. Physical exercises were partly carried out in the manner set out in 'Gill's Physical Exercises' textbook, where exercise was done to music. Geography was taught to all boys and girls with standards 1 and 2 receiving 'Elementary ideas illustrated with sand models and by the neighbourhood of the school', standard 3 was taught 'England with special reference to the neighbourhood'. Things had widened out in the higher standards as standard 4 covered 'British Isles', and standard 5



to 7 'America with special reference to Canada'. Standard 5 to 7 teaching might be for boys only, as he includes this note 'Maps for Boys V. VI. VII. Canada and the Basin of St Lawrence'.

Science was for all standards and noted as being for both boys and girls, with the most basic teaching for the three lower standards done in a similar fashion to the 'Object Lesson'. Standard 4 covered diverse subjects like Heat and its effects, Air and Clouds, Skin and cleanliness, the Compass, as well as Hibernation. Standards 5 to 7 covered more in depth items like Parts of the Body and the position of chief organs, Coal and coal formation, Formation of ice, and The earth a magnet. One intriguing topic was entitled 'Consumption [*Tuberculosis*] is preventable' and was no doubt based on the pioneering research by the US Physician Lawrence Flick in the 1880s, whose book 'Consumption, a curable and preventable disease; what a layman should know' was first published in this era. Coupled with the topic 'Skin and cleanliness' this might suggest a noble early attempt to awaken young minds on basic hygiene, although with no running water, hot or cold, this would have been an uphill battle to achieve. History was only for standards 4 to 7, with standard 4 being simple oral lessons on 'Great Englishmen' probably with David Livingstone as a prime Victorian example. Standards 5 to 7 being 'Study of contents of Historical Reader with oral explanations'.

These lessons were invariably by rote, where pupils simply copied down what the teacher put on the board, and they had to memorise everything. Pupils did not need to understand what they wrote down, although some probably did. In Victorian education the emphasis was put on simply remembering things. Learning by rote was common in my time in the infants' school, and I can still parrot my times tables up to 12. Mind you, I do reach for a calculator now.



Malcolm Lee  
Port Isaac Heritage

# St Endellion Parish Council Report

## Parish Council Chair Report

Cllr Raynor begins with the good news that the playing field development has received £25,000 from the Doc Martin fund. This will be put in a reserve to use at a later date.

Cllr Raynor has received complaints about vehicles driving down Rose Hill and getting stuck after following sat navs. The notice from the top of the road currently says, 'no access to harbour'. All agree to change the wording to discourage access and ask Cormac to install new sign.

This leads on to complaints about parking on New Road where trades people are parking their vehicles along double yellow lines. The conditions are dangerous for drivers passing and people crossing. A traffic warden was on site today which should help to discourage.

A group in the village have asked permission to install a net of crocheted poppies around the war memorial. All agreed.

Cllr Raynor has requested MLA/2023/00475 be added to the agenda for next month's meeting.

## Divisional Member Report

Cllr Mould apologies for missing some of our recent meetings.

Cllr Mould begins by asking about Cliff Cottage and the concerns raised by Cllrs when objecting to the app. A brief overview is given regarding drilling into the cliff and stability. Cllr Collings raises the issue of a surveyor's report regarding the drilling. Cllr Mould will ask if the Parish Council can have access to a report.

Cllr Mould mentions the upcoming general election being a busy time.

The new waste collection roll out is still ongoing – this will begin in August for Port Isaac. There will be roadshows explaining how this works, likely to be organised in the village hall. Each property will be assessed, where required households will be given a seagull proof bag. Collection days will change as will the bins.

Cllr Mould is also working on the gypsy and traveller strategy and the leisure strategy. There is a consultation regarding Pencallenick school. Cornwall Council input £500,000 per year to provide a service for boarding but only ten pupils are using it. They must consider whether it is value for money or whether it would be better spent on day care services.

Cllr Mould discusses the second home briefing online session on 3rd June. There is doubt over whether the new plans will bring more money into PCs as the main problem is still second homes paying business rates instead of council tax. If all home owners paid council tax and were granted relief on repairs and maintenance, the results may be more effective.

Cllr Collings raises the issue of New Road car park and coaches/buses parking and blocking access down to coast path. Cllr Mould expects CC are unaware. Again, due to lack of enforcement this will continue to cause issues. C&MS Ms Jon explains how some of the drivers stay with their vehicles claiming they are 'not parked'. Cllr Mould suggests a coach park is needed but this would still require a traffic warden. This would likely impact tourism in the village.

## Playing Field Development Working Party Report

Cllr Button informs members that there will be a meeting next Thursday. Jeremy, a CAD architect who has been involved from the beginning of the project is meeting with the 'local residents committee' where they will feed back the recent survey results. He will then put provisional plans together which will be brought back to the PC for discussion. The next stages will be to look at costings and a more detailed viability survey, followed by funding and the final planning application. Cllr Button highlights the £25,000 donation being great news for the project and reiterates that the future of the project will need to be community led.

*continued from page 12 ...*

members of the public, which is great. One was concerning the wall along Overcliffe. There are a few small patches of the wall which could do with some repair work. But recently one area has a few more stones fall away. I don't think it's bad enough to effect the integrity of the wall, but aesthetically it starting to look scruffy and at some point the wall could become unsafe. This has been reported to Cornwall Council via two departments, so I hope someone will think that a stitch in time might same nine!

Last month there was very little toilet related items to report, this month there's a little more. All of the toilets in the New Road car park have had new flushes fitted. A couple of the coin machines had alien objects jammed into them which I managed to clear and one of the places where graffiti was cleaned from was in Roscarrock Hill. Our lovely cleaning operative did most of it and I helped to remove the last remaining blemishes.

If you'd like to contact me about any parish issues my mobile is 07494 589 638 or email: [clarejonsten@gmail.com](mailto:clarejonsten@gmail.com)

## STEND\_HWG Report

Cllr Williams not present.

## Camel Valley Community Area Partnership Report

The next planned meeting has been moved to 22nd July and will take place in Bodmin rather than Wadebridge – all are welcome to attend.

## Planning Applications

**a. PA24/02006** 71 Fore Street Port Isaac  
Installation of a new timber gate to the front entrance and extension of wall, and change of door from bi fold to French, Construction of a rear timber summer house/terrace.

[Installation of a new timber gate to the front entrance and extension of wall, and change of door from bi fold to french, Construction of a rear timber summer house/terrace](https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SDF1PLFGHEQ00&activeTab=summary)

### Support

**b. PA24/03784** Apple Tree Lodge Trewetha Port Isaac

Proposed ground and first floor extension.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SDHNPFYFGJG200&activeTab=summary>

### Support

**c. PA24/03843** 8 Silvershell View Port Isaac

Proposed extensions, remodelling, external landscaping and associated works.

<https://planning.cornwall.gov.uk/online-applications/applicationDetails.do?keyVal=SDHNPFYFGJG200&activeTab=summary>

### Support

## Cornwall Council Planning Decisions

**a. PA24/01842** Lower Bodannon Port Isaac

Proposed holiday accommodation and residential unit

**Withdrawn**

## Licensing Applications - None

## Diary Dates

**a. Annual Meeting Followed by Full Council Meeting** – Monday 8th July 2024 7pm St Endellion Hall

**b. Rolling Meeting Date** Thursday 25th July 2024

Full minutes from this meeting are available on the Parish Council website

[www.stendellionpc.com](http://www.stendellionpc.com)

Danielle Harrison

Parish Clerk

Email: [stendellionpc@gmail.com](mailto:stendellionpc@gmail.com)

Website: [www.stendellionpc.com](http://www.stendellionpc.com)





# Strawberries ... the taste of summer

Archaeological evidence suggests that we've been eating the wild strawberry since the Stone Age. The modern strawberry that we know today was first cultivated in Brittany, France in the 1750s. Strawberries are versatile and can grow in the ground, containers or hanging baskets - all they need is sun, shelter and well-drained soil.

Plump, sweet and juicy strawberries are a quintessential fruit of the British summer, particularly when topped with cream, a classic combination attributed to Cardinal Thomas Wolsey, who supposedly served strawberries and cream at a banquet he hosted for King Henry VIII in 1509.



## The Jay

The Jay is a brightly coloured crow, mainly pinkish-buff, with a black tail, white rump and black and white wings that show a brilliant blue patch and can be found in woodland, parks and gardens. They are surprisingly shy.

Jays eat invertebrates, especially caterpillars and beetles and are known for enjoying acorns (and other fruits and nuts), during the autumn. They also store their acorns ready for the winter ahead, which are often forgotten, growing into oak saplings and eventually trees.



## Jobs to do in July

Bulbs to plant now for late Summer and early Autumn flowers: Crocosmia, Autumn Crocus, Cyclamen and Nerine.

Scatter seeds of Foxglove, Spanish Poppy, Forget-me-Nots, Honesty, Sweet William and Wallflowers and they will flower next spring and summer.

Regularly deadhead herbaceous perennials and summer bedding plants to encourage more flowers and prolong the flowering period and stops seed heads from forming.

Give the lawn a quick-acting summer feed

Trim hedges regularly to encourage dense growth (always check for any late nesting birds).

Water all plants well in dry conditions.

Capture seed heads from dandelions and other weeds before they get a chance to release their seeds and clear weeds regularly.

Continue to remove side shoots from tomatoes.

Feed tomatoes and peppers regularly. If growing outdoors, water early in the morning and at the roots to prevent blight.

Make late sowings of your favourite salad crops, and remember if you are sowing purely for use as salad leaves, you can sow the seed much closer.

Windowsill herbs - parsley/basil/dill/coriander ; make a lovely combination

Outdoor herbs - rosemary/oregano/sage/bay/thyme are ideal.

**Holiday proof your garden** - summer holidays often mean a week or two away from your garden. Make sure container plants thrive with these tips:

Group containers together in a shady spot

Water pots thoroughly just before you leave with a full can of water each. Sit them in saucers to create a small reserve of water for the next few days

Fill a 2-litre plastic bottle with water, pierce the lid and place upside down in a pot to drip feed water into the compost.

ST ENDELLION &  
ST PETER'S, PORT ISAAC

# GARDEN FETE

2pm

St Endellion Hall PL29 3TP  
Wednesday August 14<sup>th</sup>

Cakes, Teas, Produce, Plants,  
Books, Tombola, Pictures,  
Vintage, Bric a Brac, Puppet  
Show, Games, Sideshows ...

## LOCAL INFO

Doctor's Surgery - 01208 880222

Prescriptions - 01208 880242

NHS 24-hour Helpline - 111

Royal Cornwall Hospital (Truro) - 01872  
250000

East Cornwall Hospital (Bodmin) - 01208  
251555

Derriford Hospital (Plymouth) - 08451  
558155

Police (non-emergency) - 101

Harbour Master - Tom Brown - 07837  
514246

Electricity - 0800 365900

Water helpline - 0800 1691144

Parish Council: [stendellionpc@gmail.com](mailto:stendellionpc@gmail.com)

Cornwall Council - 0300 1234 100

Scott Mann MP - 01208 74337

Bowthick Tip - 01840 770778

Vet - Nutes - 01208 813258

Village Hall - 07814 462164

Port Isaac School - 01208 880494



MJ-UK Music & Arts

under the direction of Maria Jagusz  
& Will Sharma  
proudly present

# DOWN BY THE SEA

AN EVENING OF WONDERFUL SONGS  
FROM THE WORLD OF MUSICAL  
THEATRE AND CLASSICAL  
PERFORMED BY YOUNG  
PROFESSIONALS AND FEATURING  
LOCAL CORNISH TALENT

7pm

Port Isaac Village Hall  
Tuesday August 20<sup>th</sup>

Tickets - £10 available from  
Julia Treglown on 07815 987 172  
or Secrets, Port Isaac 01208 880862  
supporting the Chris Treglown Foundation Fund  
[www.christreglown.co.uk](http://www.christreglown.co.uk)



The seventh month of the year and we all expect / hope it to be lovely weather but ...

“If the first of July it be rainy weather  
’Twill rain more or less for four weeks together”

And if we get away with the beginning of the month being good, if it rains on St Swithin's Day, July 15<sup>th</sup>. Tradition says it will rain for the next 40 days. Apparently St Swithin, a Bishop of Winchester, who died in 863, asked to be buried outside the Cathedral so the rain would fall on him. However, for some unknown reason, some years later his body was moved inside the Cathedral and it rained constantly for 40 days until he was moved back outside again.

And rather relevant this year, on July 2<sup>nd</sup> in 1928, women were granted equal voting rights. Plus on July 1<sup>st</sup> 1937, our 999 Emergency Service was introduced.



PORT ISAAC



01208 880449

justshellfishportisaac@outlook.com

Port Isaac crab and lobster  
freshly caught in our family-  
run boat "Maverick" and  
cooked daily in our shop

\* Dressed crab and lobster (ready to eat)  
SHOP OPEN MONDAY-SATURDAY

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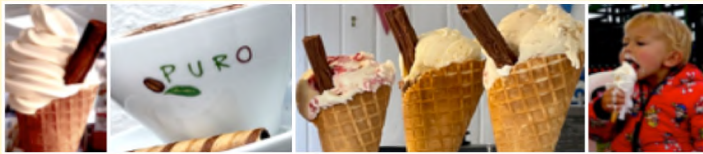
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# What's on in Port Isaac

## Wednesday July 3rd

Port Isaac Community Cafe in the Village Hall - 10am-12noon

## Saturday July 6th

Bishops Singers at St Endellion Church - 7.30pm

## Sunday July 7th

RNLI 200 Party on the Platt and in the Boathouse

## Monday July 8th

Annual Parish Meeting followed by Parish Council Meeting at St Endellion Hall - 7pm

## Wednesday July 10th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

Art Talk in St Endellion Hall - 7.30pm

## Friday July 12th

**LOBSTER SUPPER** in Port Isaac Village Hall - 7pm - raising funds for the Port Isaac Fish Cellars Repair Fund

Port Isaac Chorale concert - Songs from the Musicals - in St Minver Church - 7pm

## Sunday July 14th

Port Isaac Rowing Club Regatta at Port Gaverne - refreshments from 9am, racing from 12noon

## Wednesday July 17th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

## Monday July 22nd

Gig Talk in Port Isaac Village Hall - 7pm

## Wednesday July 24th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

Port Isaac Gulls singing on the Platt (if wet in the Village Hall) - 7.30pm ish

Art Talk in St Endellion Hall - 7.30pm

## Saturday July 27th & Sunday July 28th

Port Isaac Heritage weekend in the Village Hall - 10am-4pm each day

## Sunday July 28th

Port Isaac Chorale concert in St Peter's Church

## Tuesday July 30th - Friday August 9th - St Endellion Summer Festival

## Wednesday July 31st

Port Isaac Gulls singing on the Platt (if wet in the Village Hall) - 7.30pm ish

## Thursday August 1st

**PORT ISAAC HERITAGE EVENING** - A Look Back at the History of Port Isaac's Fishing Industry - a talk by local historian, Malcolm Lee - 7pm

## Saturday August 3rd

Trelights Village Green Summer Fair = 1pm-4pm

## Sunday August 4th

RNLI 200 Party on the Platt and in the Boathouse

## Wednesday August 7th

Port Isaac Gulls singing on the Platt (if wet in the Village Hall) - 7.30pm ish

## Thursday August 8th

**PORT ISAAC HERITAGE EVENING** - The Story of Port Isaac's Trevan book - a talk by local historian, Malcolm Lee - 7pm

## Wednesday August 14th

St Endellion & St Peter's Garden Fete at St Endellion Hall - 2pm

Port Isaac Gulls singing on the Platt (if wet in the Village Hall) - 7.30pm ish

## Thursday August 15th

**PORT ISAAC HERITAGE EVENING** - A Port Isaac Local History Film Night - a talk by local historian, Malcolm Lee - 7pm

## Sunday August 18th

RNLI LIFEBOAT LARKS

## Tuesday August 20th

Chris Treglown Foundation Concert in Port Isaac Village Hall

## Wednesday August 21st

Port Isaac Gulls singing on the Platt (if wet in the Village Hall) - 7.30pm ish

## Thursday August 22nd

Johnny Cowling in Port Isaac Village Hall - raising funds for the Port Isaac Fish Cellars Repair Fund

## Wednesday August 28th

Port Isaac Gulls singing on the Platt (if wet in the Village Hall) - 7.30pm ish

Art Talk in St Endellion Hall - 7.30pm

## Friday August 30th

Hands on Hooks in the Golden Lion - 10am-3pm

Port Isaac Rowing Club Fun Quiz Night in the Village Hall - 7pm

## Wednesday September 11th

Art Talk in St Endellion Hall - 7.30pm

## Saturday September 14th

Art Talk in St Endellion Hall - 7.30pm

## Thursday September 26th - Sunday September 29th

North Cornwall Book Festival at St Endellion

## Saturday September 28th

RNLI "Party 200"

## Friday October 18th

RNLI Harvest Auction in the Old School

## Thursday November 7th

RNLI Fashion Show

## Saturday November 23rd

Port Isaac Gulls & Chris Ricketts in concert in St Endellion Church

## Saturday November 30th

RNLI Christmas Market in the Village Hall

## Church Services

### St Peter's Church

Sunday mornings at 9.30am

### St Endellion Church

Sunday Sung Eucharist at 11am

### Trelights Methodist Church

Sunday Service at 6pm

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**AUGUST TRIO COPY DATE - JULY 22ND 2024**