

# Trio



# This Issue

Shanty Festival total - p3

Mel - p3

Gull talk - p3

Gig Club - p3

A new book - p4

Port Isaac Heritage books  
- p4

Port Isaac Heritage - p5

Websites of the Month -  
p6

St Peter's - p6

RNLI news - p7

Port Isaac Chorale - p8

Art Talks & Trips - p9

Hands on Hooks - p10

In the Garden with Pete  
- p11

Endelienta events - p12

Doc Martin Fund - p12

Clare's report - p13

Cornish Wrestling in Port  
Isaac - p14&15

Parish Council - p16

Cooking with Chris  
- p17

Dog walker wanted - p18

Do you know this cat? -  
p18

Trio Directory



## Community Cafe receive generous donation from Tintagel Castle Masons

The Community Cafe recently had a surprise visit from two members of the Tintagel Castle Mark Master Masons No 1800. Graham Holtum, Worshipful Master, accompanied by Brian Cook, were delighted to present a cheque for £500 from the Cornwall Mark Benevolent Fund.

Graham and Brian stayed to enjoy a coffee, cake and sausage rolls with everyone.

We are now thinking of something special to do with our windfall.

## Can you spare some time to help with transport for the Community Cafe please?

At the moment there are just 3 pick-ups, all in Port Isaac (5 people in total), on a Wednesday morning, to get to the cafe in Port Isaac Village Hall at 10am and then pick up to go home at 12noon. If we can get two or three more drivers this would be once every 5 or 6 weeks.

If you can help please call  
Dee on  
07814 462164

The  
Wednesday  
morning

Community  
Cafe

every Wednesday morning

OPEN from 10am-12noon

Port Isaac Village Hall

COME FOR A CUPPA, CAKE & CHAT

everybody welcome

# TRIO PRICE INCREASE

For the past year we have tried to absorb the increased *Trio* print and paper costs but more increases mean that we have no choice but to increase the cost of *Trio* to £1 a copy.

When we took over *Trio* over 25 years ago, somebody told us that if we put the price up from 15p they would never buy a copy again! Since then it has changed a lot, bigger and in colour so we hope you think its still worth the extra!

THIS MONTH'S COVER PHOTO: PAUL FISHER  
BACK COVER PHOTOS OF THE NORTHERN LIGHTS  
OVER PORT ISAAC: SIMON RAY

*Trio* is issued eleven times a year and is available in Secrets and the Co-op, Port Isaac, or by post (£26 a year in the UK)

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The publisher does not necessarily hold the same views as those expressed by contributors and reserves the right to refuse or alter material supplied.

# Mel Dingle



Martyn, Paul, Karyn and family would like to thank everyone for the overwhelming love and support on the sudden and sad passing of Mel.

There will be an obituary in next month's *Trio*.

Everyone is invited to remember Mel in Port Isaac Village Hall on Saturday June 1st from 3pm onwards.



We had a great time in Bude (and a lovely Sunday lunch) and now its back to learning a few new songs. There's a lot less heaving and hauling involved in our weekly practices now the Shanty Festival is over!

Throughout the summer we will be singing on the Platt every Wednesday night (or in the Village Hall if wet) so we look forward to seeing you then. And looking forward we have a very exciting autumn coming up ... so watch this space.

If you would like us to sing at your event please get in touch

[gullspi@icloud.com](mailto:gullspi@icloud.com)  
or call 07814 462 164



We are totally staggered and very, very proud to announce that the

## Port Isaac Shanty Festival 2024

raised the amazing profit of

# £22,290

all of which will be donated to Port Isaac Village Hall to help make it the best it can be for everyone who uses it.

Our success is all down to the support and commitment from every single person who helped or was involved in any way and we thank you all from the bottom of our hearts - we really could not have done it without you.

We would like to explain that the actual costs for staging the Festival were in excess of £23000 and £18121 of these costs were covered by the generosity of our sponsors, the support of the *Fisherman's Friends*, the *Gulls* for singing on the Platt throughout last summer and our Shanty Festival fundraising, organised by the four of us, that started in June 2023 and continued monthly until our Easter Bingo this year.

We will not be organising a Port Isaac Shanty Festival next year, and in fact Boscastle may be using our dates for their event (there is a protocol involved with when you hold a Shanty Festival in the South West).

Cheryl x, Sharon x, Dee x & Liz x - The (*Port Isaac*) Shanty Girls

In last month's *Trio* the gig *Roscarrock* was all ready to go to Scilly for the World Pilot Gig Championships and now she's back on the mainland and will be ready for upcoming events which include Boscastle & Crackington, Rock at Daymer Bay and, looking further ahead, the *London River Race* in September, just to mention a few that the club hope to attend. We have already competed at an event at Zennor.

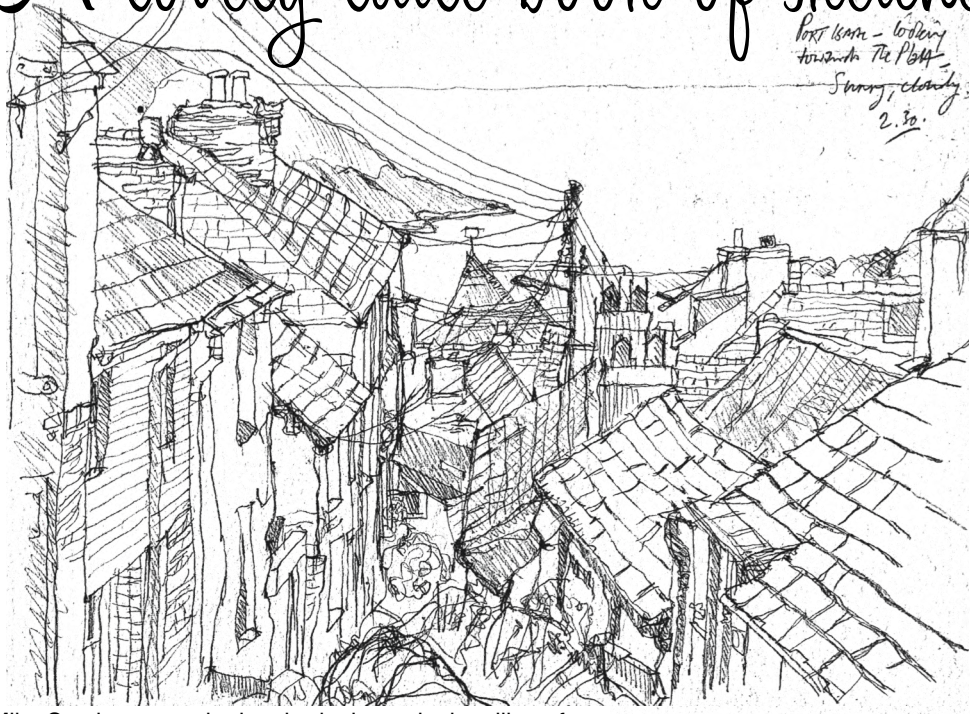
With the World Championships a lingering happy memory the Club's performance was to ensure as much fun as possible could be had on and off the water. With a number of new rowers having their first experience of the event, the overall results didn't fully show the hard work and determination of the crews. Some of the heats were hard fought against other clubs and had their own challenges to overcome like a paddle being lost over the side of the gig! ... having to be retrieved by a passing fishing boat! But at the end of it all there was great camaraderie and laughter that carried on throughout the whole Bank Holiday weekend. Everyone's already talking about next year, hoping to improve the official results and how to add to the frivolous fun side too!

At the moment the Club has one gig in Port Isaac, but soon *Corsair* will be back in the gig shed which will give us more options when taking crews out from the village. It is also an opportunity to give some on the water experience to our new club cox's who need to be able to put into practice what they've learnt and get accustomed to the coastline and conditions of rowing from the harbour.

If you'd like to join us or know more about the club please contact Ann at: [Butterworth\\_ann@hotmail.co.uk](mailto:Butterworth_ann@hotmail.co.uk) or check out the Port Isaac Rowing Club website



# A lovely little book of sketches of Port Isaac



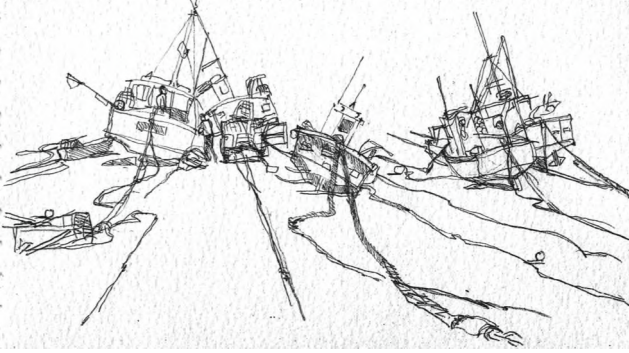
Port Isaac - looking  
towards The Plopp  
Sunny, cloudy  
2.30.



Mike Stephenson, who has had a home in the village for many years, has just published his collection of sketches, mainly of Port Isaac, spanning three decades. Here's just a sample of what is actually an historical record of the place that we all love. Look at the tangle of overhead wires ... look at all the boats in the harbour.

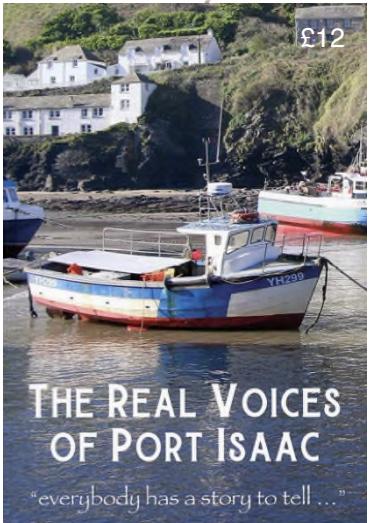
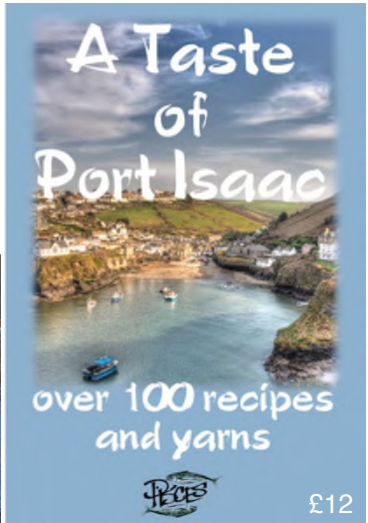
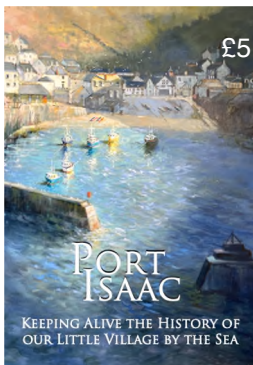
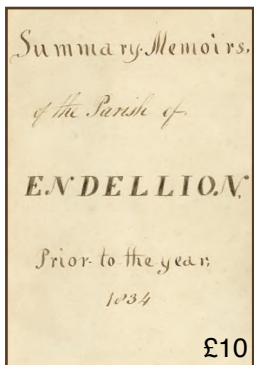
The book is available, priced £12.99, on Amazon:

'Pages from a Cornwall Sketch Book' by Mike Stephenson.



## OTHER BOOKS ABOUT PORT ISAAC

Port Isaac Heritage have published several books about our village. Plus we are fundraising to reprint our award winning *Second Helping of Port Isaac* which should be available again later this year. Take a look on our website for our full range of publications - [www.portisaacheritage.co.uk](http://www.portisaacheritage.co.uk)



"everybody has a story to tell"  
[www.portisaacheritage.co.uk](http://www.portisaacheritage.co.uk)



John Trevan's journal from 1834, Port Isaac recipes and yarns, stories and memories of days long gone, a little tour around Port Isaac and a nod to more recent times with a glimpse behind the scenes of the filming of Doc Martin - all available from *Secrets* or the *Pottery* in Port Isaac or on our website.

# Port Isaac Heritage

Our "85 Club" is one year old - thank you to everyone who has supported us.

**The final (May) winners of our first year are:**

*winning tickets drawn by Marion Goldsmith who was here on holiday*

**FIRST PRIZE OF £41 - ticket no: 82 - Annie Philp**

**SECOND PRIZE OF £26 - ticket no: 54 - Rebecca Morris**

**THIRD PRIZE OF £18 - ticket no: 75 - Angela Bowler**

With the money we raised throughout the year we have been able to produce two new booklets - *Meet the Doc* and a tour of *Port Isaac*, plus create a brand new display for the Chapel Cafe on Roscarrock Hill, the new home of Port Isaac Heritage (open daily, free entry). This year our aim is to reprint our first popular sell-out book, *A Taste of Port Isaac*.

Port Isaac Heritage is run by volunteers and relies on fundraising to continue to collect, share and saave the history of our beautiful village and the surrounding area.

**Would you like to renew your 85 Club membership for another year, or become a new member, with a chance to be a winner?**

- The prize draw is made at the end of each month by an independent person
- Make your annual payment of £24 by cash, cheque or directly to our bank
- The first draw will take place at the end of June 2024

Either email us for details - [info@portisaacheritage.co.uk](mailto:info@portisaacheritage.co.uk) - or call into *Secrets* for a renewal form or an application form.

## SCHOOL DAYS IN PORT ISAAC

**Thursday June 20th**

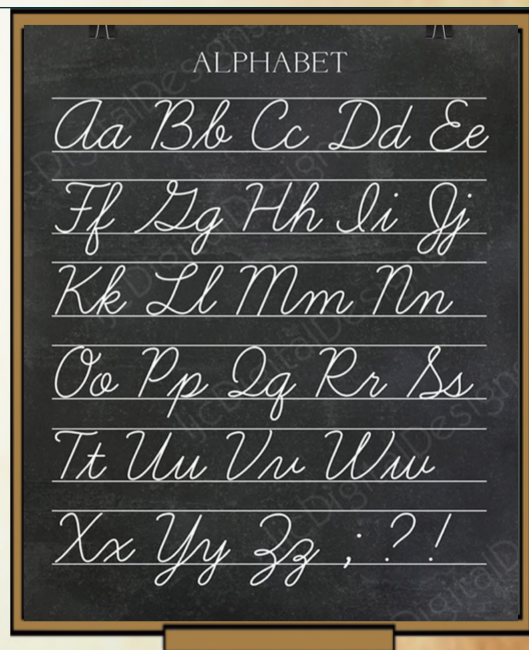
**7pm in Port Isaac Village Hall**

**Presentation by Malcolm Lee**

**A chance to look at some of the old School Log Books and see what school was like in days gone by ...**

**A chance to reminisce about the old days ...**

**REFRESHMENTS & BAR everybody welcome**



## Port Isaac Heritage Weekend

**July 27th & 28th in Port Isaac Village Hall**

**talks, displays, refreshments and lots, lots more ... full details next month**

**PORT ISAAC HERITAGE EXHIBITIONS**

**OPEN DAILY**

**in The Chapel Café in the Roscarrock Hill Chapel**

run and supported by fundraising from volunteers with help from *The Doc Martin Fund* and *Heritage Lottery Fund*

# Websites of the Month

With so many changes going on in the world right now I thought I would devote this column to some ancient history of Cornwall and what can be found online to give some perspective. The scientific advances in archaeology have thrown new light on Cornwall's past and with the digitisation of so much of the old materials, hitherto only accessible by scholars, it is amazing what you can now see.

The British Library, despite being the recent victim of a cyber-attack ( <https://tinyurl.com/BL-cybercrime> ) has beautiful old manuscripts from Cornwall. Two blogs that include some of the earliest written records from Cornwall which go by the name of the Bodmin Gospels or Manumissions can be seen and these date back to Medieval times.

The first blog is by Chantry Westwell and you can see her in a discussion on The British Library YouTube channel ( <https://tinyurl.com/Myths-and-manuscripts> ) talking more generally about medieval manuscripts in The British Library's collection.

Her blog is entitled "Slavery and Sainthood in Cornwall" which describes these old documents and their origin (see image). She explains that they were originally written in Brittany and brought to

Cornwall in the early 9th century and in addition to being called the Bodmin Gospels they are also referred to as the St Petroc Gospels. It was originally used for swearing of oaths at the Priory of St Petroc. The blog gives a detailed history of St Petroc's Priory and how Christianity was established in Cornwall and you can also read about it on this link as well <https://tinyurl.com/St-Petroc-Priory>

The Gospels record the freeing of slaves - 51 of them - between 950 and 1025. They are written in Latin and Old English but names included ones in Celtic. The examples given are Wurci - from the Welsh Gwrgi meaning 'man-dog' and Modred, named apparently for King Arthur's nephew.

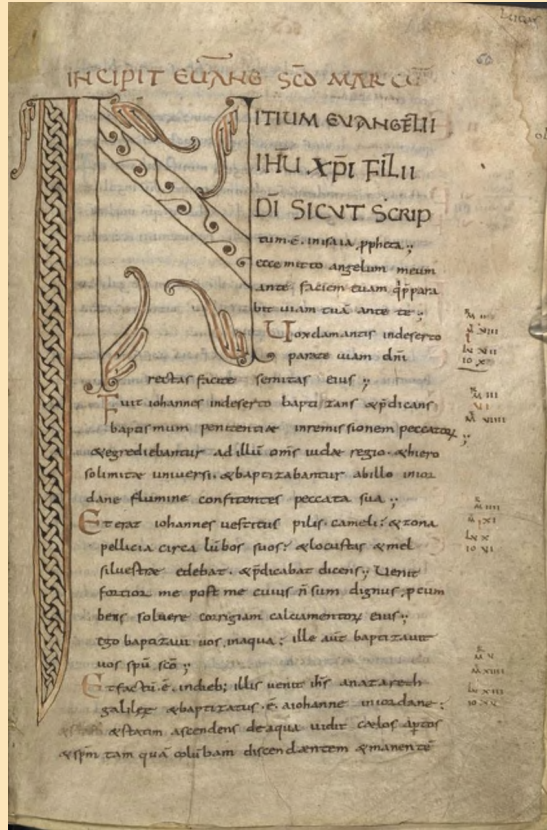
The second blog from 2019 entitled "New records of slavery from Anglo-Saxon Cornwall" ( <https://tinyurl.com/Bodmin-gospels-blog2019> ) describes the new techniques that have made it possible to read them in more detail. You can follow the author of this blog, Becky Lawton on Twitter/X <https://twitter.com/bbeckyl> .

The technique she describes, known as multispectral imaging, "has revealed previously erased additions to a 9th-century gospel-book, known as the Bodmin Gospels. These additions, known as manumissions, record the freeing of medieval slaves." You can read more about these techniques in an article in Science Magazine <https://tinyurl.com/science-mag-gospels> . In fact recently there have been even more dramatic advances this year ( <https://tinyurl.com/new-technique-scrolls> ) but those are on ancient scrolls not on Cornish ones (perhaps yet).

One example of what can now be read now in the Bodmin Gospels that were completely unreadable before is (in translation) "This is the name of that woman, Guenenguith, and her son whose name is Morcefres, who[m] Bishop Comoere freed on the altar of St Petroc for the redemption of his soul in the presence of these witnesses: Beorhtsige priest, Mermen priest, Athelces priest, Saithred cleric, Cenmen cleric, Heden deacon, Ryt deacon." It's almost like being a time traveller and this must have been a big day for Guenenguith and Morcefres.

For our local history there is no better place than <https://www.portisaacheritage.co.uk> so please do have a look there as well.

Tony Wainwright



It was lovely to welcome the Shanty Festival Groups into St Peter's in April. It proved to be quite a popular venue. The three Harp Workshops were very popular and everyone felt empowered after learning how to play a sea shanty.

In May the funeral of Muriel Spry took place. She was always happy and cheerful and we all miss seeing her, glass of wine in hand, holding court outside her cottage. A beloved mother, grandmother, great grandmother and great, great grandmother.

We are looking forward to welcoming the month of June and to continue trying new formats for our Morning Worship Services. We have already held several Café Churches where coffee and snacks are served during the service. In the Autumn we hope to hold a Pet service and we will celebrate Sea Sunday in July.

It is St Peter's Day on the 29th June and on Sunday 30th during the service, we are going to hold a session of Open the Book, so that everyone can partake of this experience. At present we hold sessions of Open the Book at St Kew, St Minver and Port Isaac schools, where short Bible stories are acted out. In most sessions pupils also take part. This is an opportunity for everyone to experience what goes on, so do join us on June 29th at 9-30am. The story that we have chosen is about St Peter and when he was a fisherman.

After the service on Sunday June 30th at 10-30am until 11-30am we are celebrating St Peter's Day with wine and light refreshments.

Members of the Craft and Chatter group are making, hats, gloves, mitts and toys to go into Christmas Shoe Boxes. Contact Pat on 880969 for details of the meetings, which are held on a Wednesday afternoon.

Holy Communion Services are held once a fortnight. A warm welcome awaits you at St Peter's on a Sunday morning at 9-30am.

Pat Pearson



# NEWS



To celebrate the RNLI's 200th anniversary, some of our long-serving crew were invited to a Royal Garden Party at Buckingham Palace.

Outside the Palace and In the garden are Andy Cameron, John Collins & Nicki B, Richard & Carol Hambly and Trevor Beare and his daughter Anita.

Trevor first joined Port Isaac RNLI back in 1972 and celebrated his half a century back in 2022.





Port Isaac Lifeboat Station  
**ANNUAL LIFEBOAT SERVICE**  
 RNLI 200  
*all welcome*  
**Sunday June 9th 2024**  
**12.30pm on Port Isaac Platt**  
 followed by cream teas & refreshments in the Boathouse



**BUY A £1 DRAW TICKET**  
 WIN THIS ORIGINAL PAINTING  
**FOR THOSE IN PERIL**  
 Painting created by Barbara Hawkins well-known local artist working from Port Isaac Pottery  
 TICKETS AVAILABLE FROM THE PORT ISAAC RNLI SHOP  
**ALL FUNDS IN SUPPORT OF PORT ISAAC RNLI**  
 DRAW TAKES PLACE AT THE RNLI CHRISTMAS MARKET IN PORT ISAAC VILLAGE HALL ON SATURDAY NOVEMBER 30th 2024

## New Port Isaac Fundraising Committee Chairperson

Port Isaac RNLI is pleased to announce the appointment of Di Salisbury as the new Chairperson of the Fundraising Committee. Di succeeds Megan Rees, who has served in this role for the past five years.

During her tenure, Megan has been instrumental in organising numerous successful fundraising events and initiatives, significantly contributing to the lifeboat station's operational costs and community engagement efforts.

"We are deeply grateful to Megan for her service and the significant impact she has made over the past five years," said Kevin Dingle, Port Isaac RNLI Lifeboat Operations Manager. "Her passion for our cause have greatly benefited our station and the safety of our coastal community."

As Megan steps down, Port Isaac RNLI warmly welcomes Di Salisbury as the new Chairperson of the Fundraising Committee. Di brings with her enthusiasm and fresh perspective to build upon the strong foundation laid by her predecessor. "We are thrilled to welcome Di Salisbury to the team," continued Kevin, "we are very confident that Di will prove to be an excellent choice in order to ensure the continuity of support and communication with Committee and Crew and look forward to a close, ongoing, working relationship with the fundraising committee."

Di expressed her excitement about taking on this new role, stating, "I am honoured to be appointed as the Chairperson of the Fundraising Committee. I look forward to working with the wonderful team at Port Isaac RNLI and our supportive community to continue the vital work of fundraising for our lifeboat station."

Port Isaac RNLI extends its heartfelt thanks to Megan for her years of service and contributions, and warmly welcomes Di as she embarks on this new journey with the organisation.





Hi folks,

The choir has been busy rehearsing for our concert at St Endellion Church on Friday June 7th. This is a combined concert in two halves, with Wadebridge Male Voice Choir.

Admission is free with retiring collection in aid of Cornwall Air Ambulance.

We hope this will be an entertaining evening of music, showcasing our local choirs.

The talented Fergal Norton will be performing in two solo slots.

So to avoid the Cornwall Show traffic around Wadebridge why not come and support us and even join in with singing!

Lastly Liz Rowe has decided to retire from singing in the choir. She has been a valuable member for 43 years! Her lovely tenor voice will be missed. Happily she will continue attending our social events.

On behalf of the choir, thank you Liz.

Yeghes Da  
Alan

PORT CHORALE & Wadebridge  
ISAAC Male voice Choir

# Choral Concert

With special guest musician

St Endellion Church\*  
Friday 7th June @ 7pm

**ADMISSION FREE**

(Retiring Collection in aid of Cornwall Air Ambulance)



\* St Endellion PL29 3TP

## Holiday letting agency sponsors St Minver school hoodies



*The St Minver School Year 6 children wearing their hoodies, pictured with their teachers and members of the John Bray Cornish Holidays team*

This year, the Rock and Port Isaac based holiday letting agency John Bray Cornish Holidays is proud to have sponsored the St Minver School 2024 leavers' hoodies. The hoodies are created annually for the Year 6 children, and act as a lasting memento of their time at the school.

Mrs J Rodwell, Head of St Minver School said, "We would like to gratefully thank the John Bray Cornish Holidays team for their kind donation to our PTA, Friends of St Minver School, who have funded this year's leavers' hoodies. Each child, as well as their Year 6 staff, have received St Minver School hoodies. Everyone is already getting good use out of them and I am sure they will be well worn and loved in the weeks and months ahead."

Katy Falconer, Owner Experience Manager at John Bray Cornish Holidays adds, "We are so pleased to have been able to support St Minver School, and the Year 6 children, by sponsoring the leavers' hoodies. Leaving primary school is such a big step, and this is a truly fabulous way for the children to remember their time at St Minver. Plus, the hoodies look simply fantastic!"

John Bray Cornish Holidays are part of a B Corp organisation. As such the team are continually looking for ways to make positive contributions to the people, the planet, and the community they serve. From helping with charity beach cleans, to sponsoring local events and supporting schools in the area, the small Cornish team are striving to make a real difference.

For more information about John Bray Cornish Holidays, or to see their portfolio of over 250 self-catering holiday homes in North Cornwall, visit [johnbraycornishholidays.co.uk](http://johnbraycornishholidays.co.uk) today.

### PORT ISAAC VILLAGE HALL

If you want to hire the hall or know anything  
contact Cheryl on 880802  
or Dee on 07814 462 164



# Summer programme

June 9th Sunday **TRIP**  
Wadebridge Cinema, 3pm

## My National Gallery

The film gives voice to those who work at the gallery from cleaner to curator, security guard to director - who identify the one work that means the most to them. The stories they tell help to explore 200 year old history of the National Gallery and what the future holds in store for this amazing space .



Wednesday July 10th **TALK**

St Endellion Hall, 7.30pm

**SIMON RAY**

## Passion and Tranquility Tiles from the Indian and Islamic World

Simon Ray is one of the leading dealers in Indian and Islamic works of art. He has worked in the field for 39 years, specialising in a wide range of fine and court arts from the great Indian, Islamic and Southeast Asian empires. He worked for the eminent London art dealers Spink, which was part of the Christie's Group for 17 years before establishing Simon Ray Indian and Islamic Works of Art in 2022 at 21 King Street, St James's, London.



Wednesday July 24th **TALK**

St Endellion Hall, 7.30pm

**FRANCA WESTAWAY**

## The Fabric of my Life - Textiles, Pattern and Me

Franca is a designer/maker and Arts Educator. Having trained in Fashion and Textiles she retrained seven years ago as a Surface Pattern Designer. She says, "I am particularly drawn to the beauty of plants and the natural world, often drawing and painting before going on to digitally design and print." This influence and love of nature can be clearly seen in her bold and colourful designs. Her love of nature is also central to the ethical concerns that underpin all aspects of her business. Franca now sells her own design fabrics and handmade homeware, works on commission for private clients and as a print designer for the clothing industry.



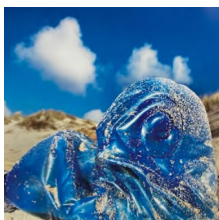
Wednesday August 28th **TALK**

St Endellion Hall, 7.30pm

**RUTH PROUDFOOT**

## A Sense of Place

Within this talk we will cover a broad range of mostly contemporary artists. The discussion will look at how the environment inspires and informs work. This theme will cover several examples of artists who respond to their surroundings in dramatically different ways. Some will be light-hearted and others will have a more serious historical feel. There will be an investigation to weigh up specific creative relationships that link to environments. Examples will consider locality alongside several artists' independent styles and thought processes/



Picture - Andy Hughes West, Beach: Santa Barbara, California 2005

# LOOK GROUPS

A FUN AND INFORMAL WAY TO MEET NEW PEOPLE AND TALK ABOUT ART, ARTISTS AND IDEAS

You don't need any knowledge of art to get involved and enjoy exhibitions and events. Your local Group is open to new members. Why not give it a try?

## Talks & Trips

**Talks & Trips** meet in both Port Isaac Village Hall and St Endellion Hall. It is linked to Tate St Ives through their **Look Group** programme, initiated in 2009. This enables Cornwall based Look Groups to connect with each other and enjoy regular visits to exhibitions and special events and activities - [tate.org.uk](http://tate.org.uk) For a fee of £5 and proof of your local address you have access to a locals pass which also gives you admission to other exhibitions in the future.

The **Port Isaac Group** meets regularly and its aim is to invite speakers to talk about their specialist subject and contact with current exhibitions.

Wednesday September 11th

**TALK**

St Endellion Hall, 7.30pm

**JON CLEAVE**

## Salty Tales, Shanties and Songs of the Sea - a flotsam and jetsam of nauticalia

Our fascination with the sea and our relationship with it is evident across the world of arts; from the highbrow to the lowbrow, from works of Benjamin Britten to the ribald and profane work songs of sailors, from the exhibitions of the Royal Society of Marine Artists to the scrimshaw ivory carvings of whalers, many of us aboard this island nation are intrigued by our maritime past. This talk explores various diverse aspects of our relationship with the sea, on both a global and local scale, and reveals some surprising insights into our shared heritage.



Saturday September 14th

**TALK**

St Endellion Hall, 7.30pm

**PAUL JACKSON**

## 50 years a Maker

An in-depth talk which will embrace many of Paul's 50 years as a potter, taking you through the early years of birds and flowers to the present pots with their abstract decoration. It will also include a description of his wood kiln and the wood fired pots it produces, including some fascinating technical information.



To find out more information or to be added to our WhatsApp group please contact Caroline Cleave on 07966 501156

# HANDS ON HOOKS FUN PALACE

*Hands on Hooks* is growing fast, with more attendees than ever joining us at our April event - it was certainly snug in the snug at the *Golden Lion*! We were pleased to see many regular attendees, as well as several new joiners, visitors and some younger learners. We saw what *Hands on Hooks* is all about, as people very patiently shared their crochet and knitting skills, as well as knitting or crocheting a few rows to get learners started (always the most difficult part). Almost everyone worked on making a poppy and took some yarn and a large crochet hook or knitting needles home with them to carry on. Another of our goals was to provide a space for anyone to come along on their own and socialise with like-minded people, offering a chance to link up with someone they didn't know for a cup of coffee. Crafters are enjoying the company and looking forward to the next event.

As background, Port Isaac's *Hands on Hooks* community skills share started in October as a one-off Fun Palace event, which now continues regularly, welcoming everyone from the community of Port Isaac and the surrounding areas. We have settled onto *The Golden Lion*, which is very welcoming, with lots of interested folk dropping in to see us. Later in the year we will be using some larger venues to give us space to complete our Grand Project!

Another of *Hands on Hooks*' aims is to encourage the community to work together in a Grand Project which will benefit the community in some way. This year we are creating an installation of giant poppies to mark Remembrance Day 2024. This will require an enormous number of poppies to be crocheted or knitted by the end of September, then stitched onto nets, ready to display mid-October. The plan is to create displays at the War Memorial, on the Platt and in St Peter's Church, depending on how many poppies we have.

We hope that you enjoyed making poppies from the patterns in recent *Trios*. This month, there is a crochet pattern for a cupped shape poppy which we hope will be fun to make. Thank you to everyone who has made giant poppies for this special community project so far. The more makers we have, the more impact the display will



have. Choose your favourite Trio pattern or use your own patterns and any leftover scraps of red/black yarn. Make poppies at home or join us at Hands on Hooks. Please drop finished poppies and red/black yarn donations into the Port Isaac RNLI shop.

With FEAST funding still in place, Hands on Hooks is free, everything is provided, yarn, crochet hooks and knitting needles. To enable us to continue and complete our project, we would appreciate a small voluntary donation, if you can. We welcome all levels of experts and learners dropping in for a chat over crochet and knitting. All ages welcome 9-99...

## DO YOU WANT TO LEARN A NEW SKILL AND CONTRIBUTE TO A COMMUNITY PROJECT?

**WHERE?** The Golden Lion, Fore Street, Port Isaac

**WHEN?** Saturday June 8th, 10am-3pm

**WHAT?** Hand on Hooks Fun Palace - Crochet Skill Share

Drop in for an hour or two ... together we can create!

For more information, to join our WhatsApp group, or with questions about our grand project, please email Alison Mann on [handsonhooks@gmail.com](mailto:handsonhooks@gmail.com) or call 07817 873968

theAlbany



### Correction to Knitted Cupped Poppy in Rib Stitch Pattern

Apologies as the first line was missing in the pattern published in May's Trio:

**Using Colour A (red)** cast on 56 stitches, leaving a long tail.

**Rows 1-14:** knit 2 by 2 rib

## Hands on Hooks Grand Project: Large Poppies for the Platt for Remembrance Day 2024

### Crocheted Cupped Poppy pattern

To make a large poppy, crochet with 2 strands of Double Knit (DK) yarn throughout to make the poppy robust. Use an 8-10mm crochet hook for a poppy of about 15cm diameter. We have used acrylic yarn to withstand the weather!

Yarn: Colour A – Black, Colour B – Red

Crochet stitches used (UK): slip stitch, chain stitch, treble stitch, double treble stitch

Using Colour A (black)

Make 4 chains, slip stitch into first chain to form a loop (or form magic loop)

Round 1: 4 chains, 11 double-trebles into the loop, slip stitch into 4th chain, fasten off (12 stitches including first 4 chain)

**Change to Colour B (red)**

Round 2: Attach yarn to any stitch space in the circle, 4 chains and 1 double-treble into the same space, \* 2 double-trebles into next space, (repeat \* to end), slip stitch into 4th chain, turn (24 stitches including first 4 chain)

Round 3: 3 chains and 1 treble into same space, \* 1 treble into next space, 2 trebles into following space, (repeat from \* to last stitch space), 1 treble into final stitch space, slip stitch into 3rd chain, turn (36 stitches including first 3 chain)

Note: Use any thick yarn you may have such as Arran but with a larger crochet hook



Round 4: 3 chains, 1 treble into each space until end, slip stitch into 3rd chain, turn (36 stitches including first 3 chain)

Round 5: 3 chains, 1 treble into each space until end, slip stitch into 3rd chain, turn, fasten off and sew in yarn ends (36 stitches including first 3 chain)



## Hanging Baskets

Hanging baskets can give an array of colour wherever they are hung - garden, walkway or by the front door. You can create flower displays for the season or use them for tomatoes, herbs and strawberry plants or even shrubs and evergreens.

### Hanging baskets are simple and easy to do!

Start with lining your basket with moss or coco matting and fill with peat free multi-purpose compost. Placing a dominant specimen in the centre with spreading flowering and foliage plants will help to create structure and impact. Trailing plants tumbling over the edge of the basket works too.

Design the basket around a specific colour, or use several coloured plants. Plants to use include pansy, petunias, geranium, fuchsia, busy Lizzie, lobelia, bedding begonias. You can also use a tumbling variety of Cherry tomatoes as they thrive in hanging baskets, as do strawberry plants.

Once planted, baskets need to be checked daily as they tend to dry out very quickly so water accordingly. Deadhead the plants regularly.

### Did you know?

**Many believe** that the Hanging Gardens of Babylon are the inspiration behind the modern day hanging basket. The story goes that King Nebuchadnezzar built the gardens to cheer up his homesick wife. Legend says these exquisite, tiered gardens of trees, shrubs, and vines resembled a sloping mountain landscape.

**The longest day of the year** falls on June 21st, bringing (hopefully!) warmer temperatures and extra sunlight; flowers are blossoming, there's lots to harvest in the vegetable garden and weeds are plentiful, so it's best to keep on top of them.

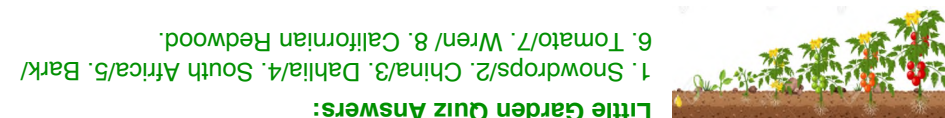
#### Other jobs to do in June -

Keep sowing salad leaves and the trick is to sow little and often with fortnightly intervals throughout the summer.

Dead heading rhododendrons and azaleas is a laborious job, but it pays dividends. Many of them look ugly when they have finished flowering, because they are left covered with dead brown flowers and in addition to improving their appearance - deadheading will encourage maximum flowering next season.

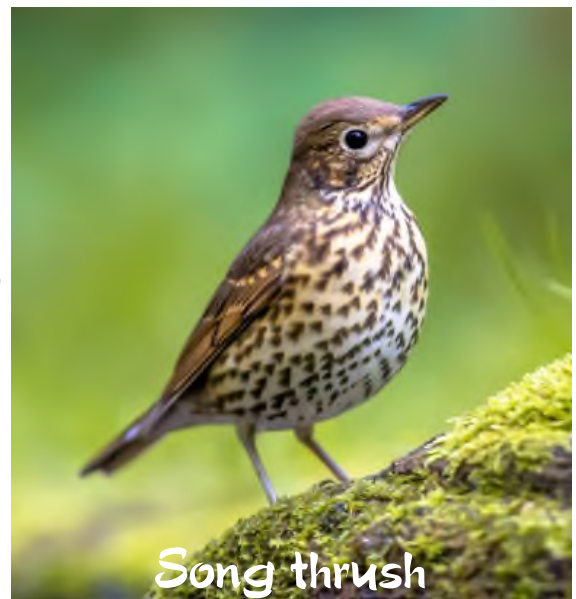
Tomato plants - nip off the side shoots to encourage healthy but controlled production along the main stem, which must be securely tied to a cane (but not too tightly). Apply a high-potash liquid fertiliser weekly when the first flowers appear.

Dahlias, chrysanthemums and other late summer flowering specials will be growing and they need support so it is a good idea to put a stake in place now before the plants are too big and risk damaging the flowers that have formed.



Little Garden Quiz Answers:

1. Snowdrops/2. China/3. Dahlia/4. South Africa/5. Bark/6. Tomato/7. Wren/8. Californian Redwood.



Song thrush

The song thrush is a small, familiar songbird, commonly found in parks, gardens, woodland and shrub. Living up to its common name, it has a beautiful and loud song.

Song thrushes will eat all kinds of food, but earthworms make up a large part of their diet. When the ground becomes too hard to get at them, song thrushes will eat snails instead. To get at the meat inside, they take the shell and crack it open by banging it against a stone 'anvil'. This behaviour is unique to these birds.

Also, our swallows are back in our garage for the fourth year running - will let you know how they get on this season 😊

### Little garden quiz

1. Which flowers are also known as Candlemas Bells and February Fairmaids?
2. From which country do Chrysanthemums originate?
3. What is the national flower of Mexico?
4. From which country do Nerines, agapanthus and gladioli originate?
5. Which part of a tree can be used to make cork?
6. What was originally named as a 'love apple'?
7. What is the most common bird in the UK?
8. What is the tallest species tree in the world?

## ENDELIENTA ARTS

Arts and Spirituality in North Cornwall

[www.endelienta.org.uk](http://www.endelienta.org.uk)  
[www.ncornbookfest.org](http://www.ncornbookfest.org)



### Events at St Endellion (Port Isaac PL29 3TP) June 2024

#### Harbottle & Jonas

Saturday June 1st, 7.30pm

St Endellion Church, £10 | free for accompanied under 16s



Partners in life and music, dynamic Devon-based folk duo Harbottle & Jonas are one of the most exciting acts on the UK circuit today. The duo combine a love of traditional folk with their own original and powerful songwriting. Dave and Freya have developed a distinct and compelling signature sound, blending concertina, harmonium, banjo, stomp box, acoustic guitar and cittern with their beautiful and closely intertwined vocal harmonies. Their energetic shows cover the historical as well as the more personal, bringing to life people, places and events through their intimate, timeless music.

Tickets available at: <https://endelienta.org.uk/>

#### Make Club: Op Art

Saturday June 22nd, 10am-12noon

St Endellion Hall, £5 per family

Inspired by artist Bridget Riley, we will be playing with patterns and colour to explore Op Art (optical art).

#### Kernow Philharmonic Orchestra

Saturday June 22nd, 7.30pm

St Endellion Church, £10 | free for accompanied under 16s

Kernow Philharmonic Orchestra make their first visit to St Endellion with a charming evening of music. The concert will open with two of England's finest composers, Lennox Berkeley and Gerald Finzi. The Serenade for Strings is one of Berkeley's finest works, followed by Finzi's charming Dies Natalis featuring tenor soloist Ben Hoadley. Kernow Philharmonic Orchestra will close the night with Mozart's ever popular Symphony No 40.



Kernow Philharmonic Orchestra was formed in 2023 from some of the finest freelance musicians in Cornwall and have since given two highly successful concerts in Truro Cathedral. They will be conducted at St Endellion by their Musical Director John Longstaff.

Tickets available at: <https://endelienta.org.uk/>

# The Doc Martin Fund

The Trustees and committee met on the May 23rd. There is currently £59,934 in the Business account of the fund.

The decision has been made use the fund to mark the positive impact the filming of *Doc Martin* has made to Port Isaac by joining with the Parish Council in the development of the Playing Field as a sports facility for the village. Initially we have agreed to give £25,000 towards the fund in order to move the early stages of the project forward. As progress is made, more money will be given.

The AGM of the Doc Martin Fund will be held in the Village Hall in September - date to be announced nearer the time. It will be open to all so do come along and hear what the fund has done in the village, particularly if you would like to be involved.

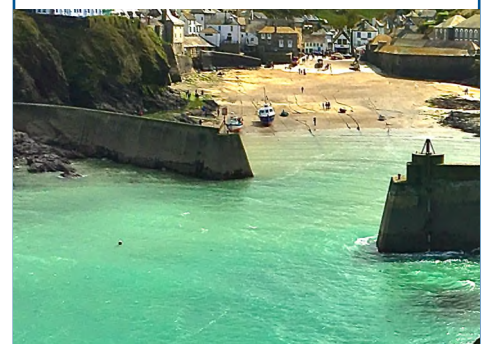
Customer: How often does the sea go out of the harbour?

Me: Twice a day

Customer: What, every day?

Me: Yep

Customer: That's amazing



# St Endellion Parish Council

## Contract & Maintenance Supervisor Report

Another Bank Holiday and another half term, the year certainly seems to be whizzing by. The hedgerows are looking amazing and the evenings are staying light til late. Visitors are able to enjoy the parish without it being too busy and locals still have time to stop for a chat and a catch-up. Although some of my conversations revolve around toilets, car parks and dog poo! No one's mentioned the General Election coming up yet ...

Having been able to walk the footpaths in the past couple of weeks armed with my trusty secateurs I've tried to keep on top of the vegetation, but it's tricky as everything is growing so fast at the moment. The Groundwork team will be visiting the parish on a weekly basis soon, weather permitting, and I hope they'll be able to get overgrowing vegetation under control.

In Trewetha valley two quite large trees had come down, they almost blocked the path so had to be removed. Please be wary of the nettles and hogweed when you're out walking, both of which can cause minor, but irritating rashes on bare skin.

In Port Isaac some of the smaller alleys which were cleared recently are starting to need attention again, so I'm hoping to get them done in the next couple of weeks. If there's any areas which I've missed or are getting out of hand please let me know via the contact details at the end of this article.

At the play area the annual inspection by RoSPA was carried out at the beginning of May. The report showed a few minor defects, but that is to be expected. These things will be checked and work carried out to resolve them.

Following the Shanty Festival there were a few little things needed to be sorted in the football field. The goalposts were put back, loose straw was cleared and a few random items were removed, including a plastic green garden chair, two bread shelves the type supermarkets use and a traffic cone! (thank you Clare!)

During the past month the ticket machines in the Main car park have had a few issues. These were fixed by an engineer, who was very pleased to be working in a car park with such amazing views. It was sunny and I explained it wouldn't be so much fun when there's horizontal rain coming in!

The new sign for the Parish Council owned section of the cemetery at St Endellion Church has arrived and will be erected in the coming weeks. Plus the groundwork team are aware of the work to be carried out in the autumn to spruce the area up a little.

I mentioned fly-tipping in last months *Trio* and there's a couple more things I'd like to tell you. The email ping-pong regarding the mattresses in a gateway near St Endellion has come to a halt with Cornwall Council claiming the land where they are is in private ownership. They haven't given any information about who could be responsible for removing them or how to get rid of them. So I'm trying to figure out how to do this, I hope they won't be there for much longer. And the other thing is that someone has put a sign up in the lay-by at Poltreworgey saying, 'Keep Port Isaac tidy please take your litter home'. I thought it was put up by the person who's helped me litter pick a couple of times, but they've denied it was them, so whoever you are I'd like to say 'thank you'. I was back there before the sign went up and collected another 4 black bags of rubbish. So let's hope the notice makes a difference.

I haven't been to many meetings this month, the Full Parish Council one and a couple of meetings with the Groundwork team to discuss work priorities. Also one on the Main to finalise the position of a new memorial bench with the family of the person to whom the bench will be dedicated. This will be the last one to be positioned on the headland and any new requests will have to be designated to other spaces.

Reports to Cornwall Council include; pot holes, some of them were even in St Kew parish! And road signs which have been abandoned for several months. I can confirm that the road along the top, on the other side of Port Gaverne has been repaired. Let's hope it's a proper job.

Around the litter bin at Port Gaverne all the silt, sand and mud had been removed, so you won't need wellies to be able to put something in the bin.

Another litter bin issue was on a weekend at the New Road car park where the Parish Council has one. There was a relief Biffa crew working who were unaware of the need to empty it. The tenant at the Deli-Box messaged me to say the bin was overflowing. I went down and decanted some of the contents before I could get the black bag out of the bin. I contacted Biffa who then reminded the crew to service this bin. The tenants at Deli-Box

were really helpful in sorting this out which saved me having to make more trips to the car park.

The broken bollard on Little Hill has been removed and a new metal post with a Cornish Crest on it has been installed. It looks very smart and I'm surprised it was done so quickly as I was told it 'might be' done before the summer holidays.

The land slip on Back Hill should also get some attention soon too. Ownership hasn't been confirmed yet, but Cornwall Council Highway's Dept has carried out a structural survey and established that there shouldn't be any further collapse, so as an interim measure they are arranging for a JCB and lorry to remove all the loose material and reseed the area with the hope this will grow and create a natural barrier to stop further slippages. The pedestrian barrier will then also be removed.

Cornwall Council Highway's have also agreed to allow the sign to guide pedestrians at Central Garage, New Road to be brought down a little. At the moment it's so high you'd need to be about 7 feet tall to see it!

And they're arranging for work to be carried out on Church Hill to unblock the drainage channel along one side, which should help with the rain water and give more space for vehicles.

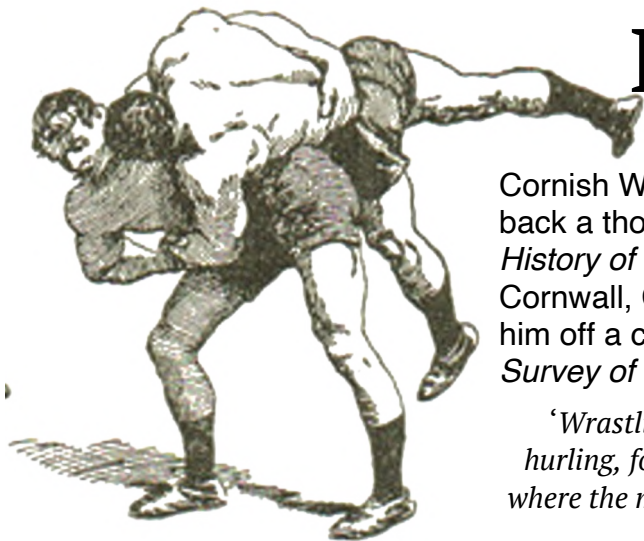
The other place where work has been carried out is on the beach at Port Quin. It was a bit of a mystery for a while. There was a mini digger in the car park and there were track marks on the beach. But nothing to indicate who or why. I contacted the National Trust and they confirmed that it was work to improve the conditions around the bridge where the road goes over.

As for Roscarrock Hill public toilets work is ongoing behind the scenes to get the project finished. The payment system which is on order, a handrail for the steps and a barrier for the large opening on what used to be the Ladies to fit around the entrance/exit gate. New windows, which have been installed.

There isn't much else to say about the other loos except that I've had some keys cut for the new cleaning company and I've checked in with the Parish Clerks at St Minver to see if they are happy with how the new company is working out and they are as satisfied as I am with their services, which is a relief!

If you'd like to contact me about any parish issues my mobile is 07494 589 638 or email: [clarejonsten@gmail.com](mailto:clarejonsten@gmail.com)





# Port Isaac's Cornish V

Cornish Wrestling, or 'Wrasslin' is the ancient sport of Cornwall, dating back a thousand years or more. Geoffrey of Monmouth's 12th Century *History of the Kings of Britain* relates how the first legendary ruler of Cornwall, Corineus, wrestled the Cornish giant, Gogmagog and threw him off a clifftop to be dashed on the rocks. Richard Carew's 1602 *Survey of Cornwall* gave this comment on the sport –

*'Wrastling is as full of manliness, more delightful and less dangerous than hurling, for you shall hardly find an assembly of boyes in Devon and Cornwall, where the most untowardly amongst them will not as readily give you a muster of this exercise as you are prone to require it.'*

Wrestling was a feature of Port Isaac's *Holicome Fair* at Whitsun, but we also had an annual Cornish Wrestling tournament in August, continuing well into the 1930s. There were other annual competitions held nearby at Bodmin, Delabole, Padstow, St Kew, St Mabyn and Wadebridge, with county events at St Austell, St Columb and Truro. It seems 19th century competitions were lively affairs, as the 'Wadebridge Notes' column of the 3rd August 1901 edition of the *Cornish and Devon Post* recorded -

*The bruising, fighting, drinking bouts of former times have almost disappeared. We notice a revival this week at St Kew of the old custom of wrestling. It is considered by some a manly sport, but this feeling is not general in our district. The majority of the people in this locality look on it as a revival of that which is brutal and debasing. We well remember those wrestling scenes of old, when droves of rough men would come from Delabole, St Breward, Port Isaac and elsewhere to pull and drag each other around the ring and end it in drunkenness and fighting. To-day Delabole doesn't produce that type, or Port Isaac either to any extent.*

This change was put down to the growing Temperance movement at that time.

In Victorian times, women were briefly banned from attending Cornish Wrestling matches as the men wrestled in their long johns, a spectacle not deemed suitable for ladies. The newspapers always seemed to be amazed at how many women attended the event, with the report of Port Isaac's 1928 competition having the byline 'INTERESTED LADY SPECTATORS' and stating

*'A surprising feature was the proportion of ladies present. Port Isaac coming very near to creating a record in this respect. Their interest, too, was as keen and sustained as that of the male members of the company.'*

This hardly surprises me as, in the 1960s, my mother avidly watched *ITV World of Sport's* Saturday afternoon coverage of professional wrestling, with the tones of Kent Walton echoing round the house as Mick McManus made yet another foul move. Most of the ringside spectators were women, and this show had audiences of up to 14 million a week, with our late Queen, the Queen Mother, and Margaret Thatcher reported to be keen viewers.

The earliest newspaper report of Port Isaac's annual event was in the *Cornishman* of 16th August 1906 -

## **WRESTLING AT PORT ISAAC**

*Port Isaac annual wrestling matches took place on Saturday in a field at Shortlane. There was a large attendance, and some very good sport was shown. There were sixteen entries, some of the competitors coming from Plymouth. The winners were: Sid Chapman, St Wenn £3 [about £300 today]. J Pinn, St Wenn £2. S Mitchell, Port Isaac, £1. W Bishop, Par, 12s. 6d. Brown, St. Minver, 7s. 6d.*

Sidney Chapman was six times champion of Cornwall between 1903 and 1920 as well as champion of the US in 1911 and of South Africa in 1911 and 1912.

Port Isaac's premier wrestler was John Glover. One of his feats of strength, was to lift a hundredweight (50kg) sack of corn onto a trailer, with his teeth! At the National Championships held at St Austell on 11th September 1926, John Glover became the Middleweight Champion of Great Britain. There was a crowd of around 1,000 to witness the match, described in the *Cornish Guardian* of 17th September thus -

*In the middleweight championship of Great Britain (men not exceeding 160 lbs.) for the championship belt, value 30 guineas, presented by Mr A M Williams, MP, and the championship gold medal, value £5, a surprise in the first bout of the contest was the defeat of the holder E C Williams of St Merryn, by J Glover of Port Isaac, who, after throwing two other opponents, won the championship. Glover and Williams wrestled warily for half-an-hour, each seeking for an opening, the one eager to keep his title and the other aspiring to the honour. Finally, Glover successfully brought down his man with a well-executed inside back crook, which somewhat unexpected feat, won the praise of the spectators. In the final round of the contest Glover threw T Richards, of Old Pound with a very fine example of the under-heave.*

**Results - First round** - J Glover. Port Isaac threw E C Williams, St Merryn; W J Williams, St Hilary gave his back to T Richards. Old Pound; H Gregory. St Wenn threw A Warne, St Columb; A M Mitchell. Port Isaac threw H Old, Colan. **Round 2** - J Glover threw H Gregory; T Richards threw A M Mitchell. **Round 3** - J. Glover threw T Richards. Champion, J Glover; 2, T Richards.

At the 1930 Port Isaac Annual Tournament, John Glover met up with the Heavyweight Champion, Francis Gregory, who was champion from 1928 to 1936, and one of the all-time greats of the sport. The sporting manner in which their match was played was described in the *Cornish Guardian* of 21st August –

# Wrestling past

John Glover



Gregory is to be commended for attending at Port Isaac. On the same day there was a tournament at Falmouth. He could have gone there with an excellent chance of winning the first prize and with no sacrifice of prestige. But he chose to meet Glover at the latter's own village and, as matters transpired, went away prizeless. It was the action of a real sportsman and one on which he is warmly to be commended. At their two previous meetings this season Francis Gregory and Glover had each been successful on one occasion. On Saturday, however, the Port Isaac man had the better of matters throughout. Two or three times he gave Gregory good turns before finally throwing him with a back heave. Gregory's defeat, however, was also the occasion for the demonstration of his fine sportsmanship. It is not difficult to imagine the significance both men set upon the encounter and the spectators had shown that they were undoubtedly supporters of Glover. Yet immediately Gregory rose from the ground his first action was to extend his hand to clasp that of his triumphant rival. However wrestling may compare with other sports in popular appeal, there can be no doubt its exponents are second to none in the vital matter of sportsmanship.

**PORT ISAAC.**

---

A

**WRESTLING MATCH**

will be held on

**SATURDAY, AUGUST 16TH, 1930.**

**"OPEN TO ALL COMERS."**

**GOOD PRIZES (SEE POSTERS).**

**COME AND SEE THE GOOD CORNISH SPORT.**

**Admission to Field, 6d.**

**T. Honey, Hon. Secretary. T. Colling, Hon. Treasurer.**

This is in the best traditions of the Cornish Wrestling Oath 'gwyar whek yu gwary tek' usually translated as 'good play is fair play'.

In the 1931 Port Isaac Tournament, John Glover had to retire with a broken rib in the second round, although he retained his Middleweight title at the County championships held at Newquay on 1st August 1932. He did not compete in the 1932 Port Isaac tournament a few weeks later, owing to physical incapacity but acted as one of the sticklers (referees). He was not mentioned in the report of the 1933 tournament, so likely did not compete. In the 1934 tournament the Cornish Guardian of 16th August reported -

*The Port Isaac man is still somewhat handicapped by an old injury to his ribs, but from the outset both men went "all out." For 45 minutes they engaged in a deadly keen struggle, so keen in fact as to warrant the adjective grim, without either being able to claim any real advantage. The end came rather unexpectedly. Hawkey throwing Glover in a manner which was rather surprising after the stout and successful resistance the Port Isaac man had offered to that stage.*

He was again not mentioned in Port Isaac's 1935 tournament, which was marred by a tragic event, as reported in the *Cornish Guardian* of 8th August -

*While Wrestling in the prize rounds. Mr. Henry Paul Ralph. of Bodmin fell and was unable to regain his feet. When Ralph collapsed, he had as his opponent Steve Glover. of Port Isaac, a strong and determined wrestler, but although the bout was keen it was being contested in*

*the best of spirit and there was little to choose between the men either in strength or weight. Certainly, there were no unfair tactics employed and Glover was much distressed at the misfortune which befell his game opponent.*

A London doctor was in the audience and immediately attended Ralph, then drove him to hospital in Bodmin. Sadly, Ralph died that same evening. At the inquest, all witnesses agreed that there had been no foul play. The post mortem revealed that Ralph had a fracture running around the base of the skull, which was the cause of his death. The Coroner was satisfied that the rules of wrestling had been followed and there was no malice involved. A verdict of accidental death was returned by the jury.

A Port Isaac tournament was held in 1937, but I have found no later reference. Immediately after the war, there were wrestling tournaments restarted at Par in September 1945 and at St Merryn in 1946. St Kew had a tournament in 1949, with newspaper reports confirming it was still being held at least until 1964. There seems to have been a general waning of the sport within the county, as the *Cornish Guardian* of 1st May 1958 reported that the Cornish Wrestling Association was investigating the decline in Cornish Wrestling. It is not the major county sport it once was, but there is currently a Cornish Wrestling Facebook page, with 1,800 followers and they are holding a tournament at St Merryn on 22nd June, as well as other events later in the year.

Malcolm Lee  
Port Isaac Heritage



# St Endellion Parish Council Report

## Monthly Parish Council Meeting - Parish Council Chair Report

Cllr Raynor does not have anything to report other than what is already covered on the agenda. He informs members about an email from a family requesting a memorial bench on the coast path. Ms Jon has suggested the playing field as the only spot with space available. Members agree but Cllr Button highlights that they may need to be moved when work starts on the playing field.

## Divisional Member Report

Cllr Mould cannot be present this evening but has emailed information she would like members to be made aware of. Cllr Raynor reads the email to members.

‘There is an online briefing on 3rd June regarding the Tax Premium on Second Homes. I think it will be really helpful if as many as possible attend to understand the exemptions and the impact on PC’s when setting next year’s precept. Also, the local Planning Training on 13th June as again there is an element around short term lets. There are quite a few changes coming down the line and given the amount of second homes/letting properties there are in our Parishes I think we need to be fully aware and prepared. There is also a change around Planning Enforcement Immunity periods, but I think a paper has already been circulated regarding those changes. Lastly just to remind everyone we are in *No Mow May*, so the verges will look a little over grown for another couple of weeks.’

The Clerk to ask for slides or recording of 3rd June meeting for those that are unable to attend. Cllrs: Williams, Raynor and Pierpoint agree attendance.

## Playing Field Development Working Party Report

The Local Residents’ Group have completed their own survey which garnered 115 responses. The next stage is to review the feedback. Cllr Button will then revisit the plans with an architect and then use a quantity surveyor to assess affordability (how to fund the project, any grants it may be eligible for, whether it will be completed incrementally or all at once, etc).

An overview of the survey shows the desire for a Community Hub with a kitchen, able to provide service for 50 covers. A member’s area to incorporate a bar, a pool table, and Sky TV. A main room/coffee lounge to allow all activities to run alongside one another (youth and adult). A main shower area for stage two of the build, a 5m squared gym area and one unisex shower unit. Internal storage to be available and external storage for BBQ equipment. The building should be designed to be extended if the need arises. Key point raised is the eastward side with the patio to be positioned away from residents. There will be a meeting arranged with the architect and Local Residents’ Group. Cllr Collings adds the importance of a youth club area and the design of a member’s bar situated centrally where visitors can have access to the other side. Cllr Williams raises the necessity to assess the quantifiable data before planning goes ahead.

## STEND\_HWG Report

Cllr Williams confirms the topography surveys have been completed, shared the images, and outlined the next steps.

- Archaeological survey/ground penetrating radar to identify any areas of disturbance which will establish if there are ‘no go’ areas.
- Identifying massing/volumes options/land take/thumbnailed sketches.
- Cornwall Estates Management (CEM) advise overlaying the topographic studies with thumbnail sketches to gauge massing/quantum of development types/LW/commercial to establish internal clearance to progress. Cllr Williams confirms verbal agreement was established in principle before initiating the plan.
- The need is to evolve the principle of development into a robust strategy with a feasibility study, to establish the scale.
- It is expected a Special Purpose Vehicle/s (SPV) will be used to establish an overarching partnership to establish a framework including Cornwall Community Land Trust (CCLT.) to be responsible for design detail.
- Further discussion with CCLT is required to set up the legal mechanism.

## Camel Valley Community Area Partnership Report

Cllr Raynor attended the recent meeting. They discussed the Levelling Up Fund of £645,000 with applications totalling over £3,000,000. There was an update from Cornwall Police. Regarding community transport, there is one bus to accommodate 490 trips per year, they are looking for more funding and volunteers. The cycle scheme has routes already marked. Any projects previously funded need to be finished by December 2024. Cllr Smith attended training on funding applications and can hopefully discuss further at the next meeting. The meeting highlighted the sewage discharge into the Camel River.

Due to sand movement, there is a long-term concern that ‘silting’ in the harbour may eventually affect access to Padstow. The next meeting will be the AGM in Bodmin with time and date TBC.

## Planning Applications

a. **PA24/00070** 72 Fore Street Port Isaac

Listed buildings consent requested to raise the pitch of the roof, to align with that of the neighbouring property. Support

b. **PA24/00698** Former Chalet Rear Of 31 Fore Street Port Isaac. Proposed cliff stabilisation works and alternative surface water drainage proposal in conjunction with approved dwelling PA20/11484. Object - Should the officer be minded to approve, members request experimental drilling to determine the quantum as the application fails to clearly quantify.

c. **PA24/02344** Laburnums Trelights Port Isaac Proposed conversion of garage to annex and proposed car parking/driveway in garden with shed without compliance with Condition 2 of Decision Notice PA23/01804 dated 4th May 2023. Support

d. **PA24/02044** Little Beside 8A Lundy Road Port Isaac . Part Demolition of Existing Bungalow to include additional First Floor Storey & Roof to Remodelled Dwelling. Object - members have concern is line with Cornwall National Landscape comment over the quantum of glassing and light spillage.

e. **PA24/02791** The Mill Port Isaac. Proposed two storey side wing extension to the main house. Renovation of the existing two storey dwelling. Cllr Williams. Support (Cllr Williams excluded from the Vote)

f. **PA24/02844** 15 Fore Street Port Isaac Listed Building Consent to retain repair of storm impact damage to east elevation including rebuild of rubble lean to wall with a new door; fascia and soffit to entire elevation to be removed and renewed including the making good of slates sitting above; entire east elevation to be repainted. Support

## Cornwall Council Planning Decisions

a. **PA23/05938** Tre-Pol-Pen 8 New Road Port Isaac . Demolition of existing dwelling and re-development to provide 1 retail unit with 1 bed apartment and 3 No town houses.

Approved with Conditions

b. **PA23/02077** 15 Fore Street Port Isaac Submission of details to discharge Condition numbers 4 and 5 in respect of Decision Notice PA23/02704 dated 10/08/23. S52/S106 and discharge of condition apps

## Diary Dates

a. Full Council Meeting – Monday 10th June 2024 7pm St Endellion Hall

b. Rolling Meeting Date if Required - Thursday 27th June 2024

Full minutes from this meeting are available on the Parish Council website [www.stendellionpc.com](http://www.stendellionpc.com)

Danielle Harrison, Parish Clerk  
Email: [stendellionpc@gmail.com](mailto:stendellionpc@gmail.com)  
Website: [www.stendellionpc.com](http://www.stendellionpc.com)



# An impromptu get-together in the garden with friends



Weather warming up ... this must mean that the patio furniture is being uncovered for another hot and sweltering summer

## Poached side of Salmon with Asparagus and Brown Shrimps

*serves eight people*

**Ingredients:** Butter for greasing next  
One small bunch of dill  
2 lb 3 oz side of salmon fillet with the skin on  
2 fluid ounces of white wine  
Juice of one lemon  
Salt-n-Pepper

**For the dressing:**  
Half a banana shallot finely diced  
2 teaspoons of Dijon mustard  
3 tablespoons of white wine vinegar  
Five fluid ounces of light olive oil  
1 teaspoon of castor sugar  
One bunch of chopped dill

**To garnish:** you will need 20 asparagus tips cut in half, 4oz of cooked peeled brown shrimps patted dry. Pink radishes sliced or pink micro herbs.

### **Method:**

Preheat the oven to 180°C or 160°C in a fan oven or gas mark 4.

Lightly butter a large sheet of foil big enough to wrap the salmon in and place in a roasting tin. If you don't have a roasting tin large enough for the length of salmon, a grill pan makes a good alternative.

Place of dill in the centre of the foil then season the foil and place the salmon on top skinside up.

Pour over the wine and lemon juice and bring the two long edges of the foil together and fold the edges scrunching them into a parcel sealing the edges like a Cornish pasty.

Place in the oven to poach for 25 minutes until the salmon is just cooked with the fish being pale pink and opaque then leave to rest for 10 minute.

Remove the skin, pulling it off in one piece if possible and use a pallet knife to scrape off grey fat.

Next blanch the asparagus tips in a saucepan of boiling water for three minutes then drain and refresh under cold water.

Mix all of the dressing ingredients together in a jug and season well.

Using two fish slices transfer the salmon to a serving platter and arrange the asparagus along the fish then scatter the shrimps over and spoon on some dressing along with radish and micro herbs and serve in a room temperature with the additional dressing in a jug.

*A couple of helpful hints are make sure you have a good seal around the edges of the foil parcel before baking to ensure no steam escapes and also it's easier to remove the salmon skin while it's still warm because if the salmon cools down the skin will stick firmly to the flesh and quite possibly will rip it.*



## Beetroot and carrot slaw

*this one also goes particularly well with a home-made beef burger*



**Ingredients:** 4 tbsp of full fat mayonnaise  
2 tsp of Dijon mustard  
1 tsp of hot horseradish sauce  
One squeeze of lemon juice  
1 tsp of sugar

One large carrot peeled and coarsely grated  
5oz of raw beetroot peeled and coarsely grated  
Two celery sticks very finely chopped  
Two spring onions chopped  
3 tbsp of chopped parsley

**Method:** to make the slaw, measure the mayonnaise, mustard and horseradish sauce into a bowl add the lemon juice and sugar. Season and stir to combine.

Add the carrot, beetroot, celery, spring onions and parsley and stir until coated in the sauce. Season to taste and add more lemon juice if required. Then leave to sit for a couple of hours to allow the flavours to develop. Try it it's awesome.



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*Helen*

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**Royal Cornwall Hospital (Truro)** - 01872 250000

**East Cornwall Hospital (Bodmin)** - 01208 251555

**Derriford Hospital (Plymouth)** - 08451 558155

**Police (non-emergency)** - 101

**Harbour Master - Tom Brown** - 07837 514246

**Electricity** - 0800 365900

**Water helpline** - 0800 1691144

**Parish Council:** [stendellionpc@gmail.com](mailto:stendellionpc@gmail.com)

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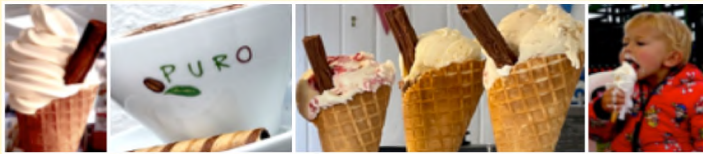
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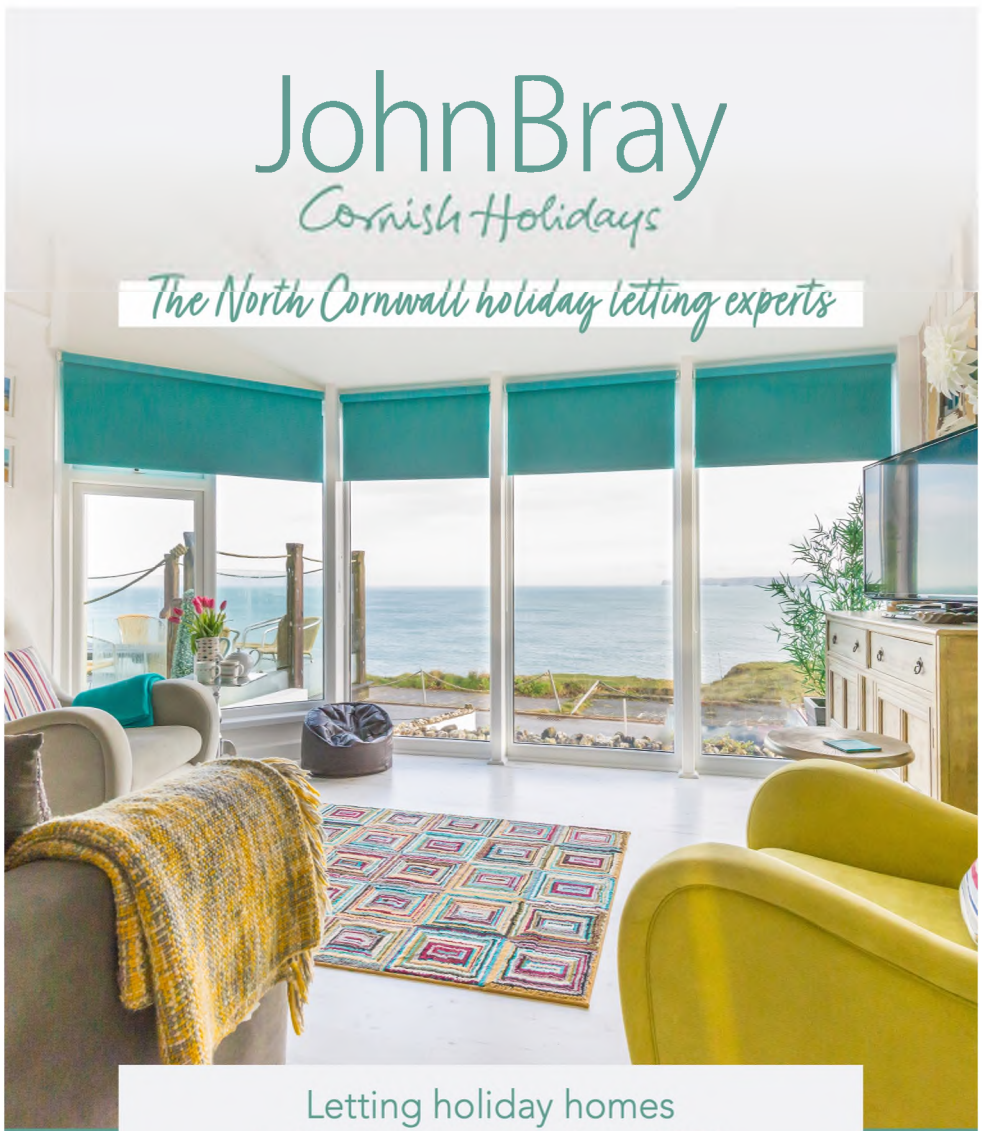


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# What's on in Port Isaac

## Wednesday June 5th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

## Friday June 7th

Port Isaac Chorale & Wadebridge Male Voice Choir in St Endellion Church

## Saturday June 8th

Hands on Hooks in the. Golden Lion snug -

## Sunday June 9th

RNLI Lifeboat Service on the Platt - 12.30pm

Art Trip to Wadebridge Cinema - My National Gallery - 3pm

## Wednesday June 12th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

## Wednesday June 19th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

## Thursday June 20th

Schooldays in Port Isaac - a Port Isaac Heritage evening in Port Isaac Village Hall - 7pm

## Wednesday June 26th

Port Isaac Community Cafe in the Village Hall - 10am-12noon

## Sunday July 7th

RNLI 200 Party on the Platt and in the Boathouse

## Wednesday July 10th

Art Talk in St Endellion Hall - 7.30pm

## Friday July 12th

Port Isaac Chorale concert in Minver Church

## Wednesday July 24th

Art Talk in St Endellion Hall - 7.30pm

## Saturday July 27th & Sunday July 28th

Port Isaac Heritage weekend in the Village Hall

## Sunday July 28th

Port Isaac Chorale concert in St Peter's Church

## Sunday August 4th

RNLI 200 Party on the Platt and in the Boathouse

## Sunday August 18th

RNLI LIFEBOAT LARKS

## Tuesday August 20th

Chris Treglown Foundation Concert in Port Isaac Village Hall

## Wednesday August 28th

Art Talk in St Endellion Hall - 7.30pm

## Wednesday September 11th

Art Talk in St Endellion Hall - 7.30pm

## Saturday September 14th

Art Talk in St Endellion Hall - 7.30pm

## Saturday September 28th

RNLI "Party 200"

## Friday October 18th

RNLI Harvest Auction in the Old School

## Thursday November 7th

RNLI Fashion Show

## Saturday November 23rd

Port Isaac Gulls & Chris Ricketts in concert in St Endellion Church

## Saturday November 30th

RNLI Christmas Market in the Village Hall

## Mobile Post Office

Thursday mornings from 9am-10am  
at the hardstanding at Port Isaac Playing Field

## Church Services

**St Peter's Church**

Sunday mornings at 9.30am

**St Endellion Church**

Sunday Sung Eucharist at 11am

**Trelights Methodist Church**

Sunday Service at 6pm

JULY TRIO COPY DATE - JUNE 22ND 2024