

## DAY OF PRAYER

The Women's World Day of Prayer is held on the first Friday in March each year (the 6th. this year) and a service is generally held at St. Peter's and the Port Isaac Methodist Church alternately. This year the Revd. and Mrs. Gent have invited us to hold the service at St. Minver at 10.30am. This will be followed by a Hunger Lunch in the Percival Institute, for Christian Aid. To enable as many as possible to attend, there will be a coach from Prouts' Garage at 9.45am, picking up at St. Endellion, Trelights Turn, Polzeath, and Tredrizzick. Fare 50p. It will help if you will let me know (tel. 880404) if you intend travelling. Please note that we are having a morning service this year instead of our usual afternoon service.

Mrs. Hooper.

## PORT ISAAC WALK

The Heritage Coast walk around the village, Sunday 15th. February attracted about 60 people! Architect Max Young gave an interesting guided tour. There will be another walk in July, watch Trio for announcements.

Port Isaac Auxiliary Coastguard thank everybody for saving their cards and stamps. We were able to send a vanload! We shall be collecting again next Christmas.

David Phelps.

Reginald Gorman thanks all friends who kindly sent Get Well cards or made telephone enquiries during his stay in Treliske Hospital, Truro.

## ASH WEDNESDAY

All the services at St. Endellion and Port Isaac, will be preceded by the ancient ceremony of the Blessing and Imposition of Ashes. For the times of all services see the back page 'Diary'.

## The Quiet Corner

'Is there anything more closely hedged about with every kind of sanctity than the individual home of each citizen?'

Cicero.

## PORT ISAAC M. O. W.

The need has been established in Port Isaac and area to revive the Meals on Wheels scheme. One lady has kindly come forward to act as Treasurer; now we need an Organiser, and teams of drivers and helpers to deliver the meals twice weekly. If you can spare about 1½ hours a month to help, please ring the WRVS District Office-Bodmin 3073-10am. till 4pm., Monday, Tuesday, Wednesday, or Friday, (closed Thursday), or Bodmin 4454 after 6pm. any day. Anyone living in and around Port Isaac will be most welcome. A working rota of 10 teams (20 people) is ideal. Once enough volunteers have come forward, we shall call a public meeting to meet the Organiser and the Treasurer, discuss the scheme and work out a rota. Mileage expenses are paid.

Mrs. J. V. Holland.

## EXTRA TRIOS?

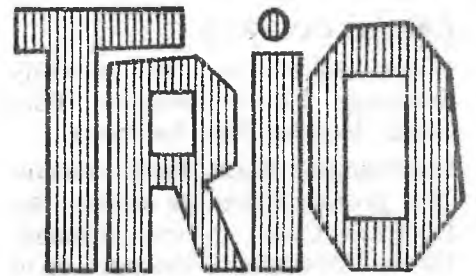
Copies of Trio may be ordered - before 'Deadline' day - at The Blackthorn Press and held there for you to collect. To provide this service means, however, that we will need to print extra copies and will therefore have to make a nominal charge of 10p per copy (£1.10 for a year's supply), to be paid in advance.

## 'INFORMATION SHEET'

This year we are going to add information, about distances in miles from Port Isaac, to the pink sheet. Not being car owners, though, we would be very glad if someone could verify the mileages for us.

Bodmin (via Helland) . . . 15	London . . . 235
Bodmin (via Wadege) . 17	Newquay . . . 24
Boscastle . . . 15	Okehampton 43
Bude . . . . . 25	Padstow . . . 18
Camelford . . . 8	Penzance . . . 57
Delabole . . . . 5	Plymouth (Dawdstow Mr) 43
Exeter (A30) 65	Plymouth (via Wadege) 48
Falmouth . . . 43	Polperro . . . 55
Fowey . . . . . 25	Redruth . . . 40
Helston . . . . 51	St. Austell . . 28
Lands End . . 66	St. Ives . . . 54
Launceston . 24	Tintagel . . . 13
Liskeard . . . 30	Truro . . . . . 33
The Lizard . 62	Wadebridge . 10

Blackthorn Press



## COMMUNITY NEWSLETTER

PUBLISHED FREE IN AND FOR THE PARISH OF ST. ENDELLION IN NORTH CORNWALL. ISSUED ELEVEN TIMES IN THE YEAR AND DISTRIBUTED [WITHOUT CHARGE] BY THE HARBOUR SHOP AND THE BAY GIFT SHOP, PORT ISAAC, AND BY THE POST OFFICE, TRELIGHTS. ALSO AVAILABLE BY POST FOR £2.75 PER YEAR (CHEQUES PAYABLE TO 'TRIO' PLEASE). PRINTING COSTS ARE MET BY REVENUE FROM ADVERTISING. COMPILED AND DUPLICATED AT THE BLACKTHORN PRESS, 18 NEW ROAD, PORT ISAAC, CORNWALL, PL29 3SB, BY ROBIN PENNA WHOSE VIEWS ARE NOT NECESSARILY THE SAME AS THOSE EXPRESSED BY CONTRIBUTORS.

ISSUE NO. 54 FEBRUARY 1987

Next Issue:

Saturday 28th. March

**DEADLINE: FRIDAY 20th!**

## THAT DEADLINE DATE

The 'Deadline Date' given every month is the last day that items for publication should arrive at the Trio 'office'. Please don't leave it until the last minute, it can create awful havoc!

## TRIO ANNIVERSARY

The Newsletter was inaugurated in April 1982 so this year will be the fifth anniversary. We are looking for a way to celebrate this - any ideas?

## TWO DAYS OFF!

The Blackthorn Press will be closed Saturday morning, 28th. February and all day Monday 2nd. March. Otherwise usual hours (see advertisement).

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 EVENING MEALS

## PARISH COUNCIL

Notes taken at the monthly meeting, Church Rooms, Port Isaac, Monday 9th. February.

### Overhanging Rock, Port Gaverne

This problem is to be tackled by Heritage Coast Officer, Charlie David. Meanwhile the path is to remain closed.

### Finance

With much forthcoming expenditure, £1,000 is to be transferred from deposit to current accounts. An increased grant for St. Endellion Churchyard will be considered when the balance sheet is to hand.

### Village Hall Grant

The £500 will be made available to the Hall in the form of such materials as are required - agreed last June.

### Annual Parish Meeting

This will be held in the Church Rooms at 7.30pm on Thursday 23rd. April, avoiding Easter week. Guest speakers will be invited. Refreshments will be offered afterwards.

### Car Park Notice Boards

A request from Port Isaac and District Tourism Association for a larger board is to be considered and the Association will be asked if it could help with the greater cost of this. Mr. Penna is to be asked to organise the renovation of the information map which is somewhat faded.

### Street Lighting

As the result of 'blasting' from the Parish Council, SWEB are to deal with the problem of failed lights. The more troublesome ones are to be replaced with a type which will be used when upgrading takes place. This is due to start in April 1988.

### Letter from Mr. Bolton

Apologising for being unable to attend, Mr. Bolton said that he

felt the Council should not have considered a lack of parking when discussing plans for a cafe/restaurant. 'With the exception of the Old School, none of the others have car parks'

### No Waiting, Church Hill

Signs will be installed as far as the junction with the lane to Lower Trefreock.

### Ramblers' Meeting

Advance notice was received of a 'Rights of Way' meeting to be held in June.

### Horses on Footpaths

It was learned that riding on paths without the owner's permission constitutes trespass. The Highway Authority is to erect 'No Horses' signs on the narrow section of the coastal path and on the path from Church Hill to the mill.

### Planning

No planning applications were received.

Mr. Symons raised the matter of the behaviour of Cllr. Dawe at a District Council planning meeting in December. A motion 'that we, the Parish Council as representatives of the electors of St. Endellion Parish, wish to disassociate ourselves from the actions of Mr. Dawe at the planning meeting', was carried unanimously.

### Next Meeting

The next monthly meeting of St. Endellion Parish Council will be on Monday 9th. March at 7.30pm. in the Chapel Room, Trelights.

## ST. BREWARD BAND

Tuesday 23rd. December was a very successful evening, the band in top form, and joined this year by Mr. Goff Richards, Jack Wills, and their singing friends from St. Minver. I thank them all for turning out on a very chilly night. At the Lawns Hotel there was a party atmosphere, after the Carol Concert we enjoyed a supper of Christmas goodies, and the band entertained us for a further twenty minutes. Everybody agreed it was a very good evening. I would like to thank Pat, Heather, and Winnie for helping with the cooking, Mrs. Williams for sandwiches, the two ladies who helped with the collecting, Audrey and Jim for the use of the kitchen, and of course the band for bringing a touch of Christmas to the village. The total collected was £60.01, plus Harbour Shop £10.92. Thank you all very much.

Dates: First night - Thursday 18th. June, last night - Thursday 27th. August. Christmas Carol night - Wednesday 23rd. December.

Peggy Richards.

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## LETTER

Dear Sir, I do not entirely agree with the item in Trio 53 which concerned the removal of the seat from Park Villa to Letter Box Green where heavy vehicles to a building site in the village were making the original site dangerous. On two occasions I was trapped on that corner and was very lucky not to have serious injuries. These were very big removal vans and a large Securicor van neither of which could take that corner without backing more than once. I did mention this at a Parish Meeting. So I will not let building site vehicles take all the blame for the re-siting of the seat. I was asked to sign the letter when I couldn't read as I had a house full of people and didn't go for my glasses. I like things right, so I feel justified in writing this letter.

Mrs. Evelyn Brown.

## MOUNT EDGCUMBE

A heartfelt thanks to all the wonderful people who contributed in so many ways to raise the magnificent sum of £620 for the Mount Edgcumbe Hospice on 14th. February. As everything was donated, every penny taken during the day was profit. The list of helpers is too long to be included here, but you all know who you are so please consider yourself thanked! We would like to acknowledge a donation of £15 received from the Port Isaac Singers, collected during their curtailed carol singing before Christmas. We were delighted to receive a visit from the Matron of the Hospice during the afternoon. The receipt from the Hospice will be posted in The Blackthorn Press window in due course. Once again - thanks to all.

Sally Pavitt & Sheila Jarvis.

## ST. ENDELLION RETREAT

People from Falmouth, Plymouth, Tavistock, North Hill, St. Endellion, and Port Isaac, attended the third annual weekend retreat held in the Church and Rectory, St. Endellion, from 13th.-15th. February. It was conducted by the Rt. Revd. Kenneth Newing, Bishop of Plymouth who celebrated the Eucharist on Saturday and Sunday, assisted by the Rector, Fr. Hugh Fryer. Hospitality for the guests was provided by Mrs. Fryer assisted by Mrs. Grills (St. Kew) and Mrs. Dunford (Port Isaac).

## HEALING EUCHARIST

A well-attended Eucharist for healing was held recently at Treworgie Barton, St. Gennys. Fr. Hugh Fryer was celebrant.

Judith Pollinger.

## CRICKET CLUB

A new Cricket Club is being formed at Homer Park this Spring and anyone interested in playing or helping should watch out for notices regarding the inaugural meeting, which will probably take place at the end of March. Quentin Blacke.

A Port Isaac & District Garden Show will be held Sat. 12th. September - the schedule will be advertised as soon as possible. Next meeting 4th. March.



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Santiago, Chile.

Dear Robin,

I hope this letter finds you well, and again would like to take the opportunity to offer you my sincere congratulations on all that you have done for the Port Isaac Community via the editing and publishing of your excellent "Trio". The measure of its prestige and vitality is only too obvious in its developing format and scope. It must take an ever increasing amount of your time, and that it is time well spent is unquestionable.

I received a copy recently containing a letter from Shirley Crockford, who I remember well from long ago, and was able to drop her a line as you suggested. It was interesting to cast the mind back to the time when every house in the village was occupied by a native family. On the unfortunately few occasions when I have been able to visit in recent years I have sometimes walked along streets putting the names to houses, and remembering who they were. Not all the memories are pleasant ones!

My daughter has added colour to the Alec Gorton print of Port Isaac in the 1950s which I bought from you, and we have it hanging here in Chile, as the best kind of hark back to those days, together with a couple of your sketches of village streets, and some of Ted Robinson's excellent pen and inks.

I was tempted to write to tell you about an item of Chilean cuisine which is a Cornish Pasty in origin if not in name. The Chileans make a wide variety of filled pastries that are called 'empanadas'. The fillings range from ham to cheese to meat to whatever. The baked pastry ('empanada de horno') is the Cornish Pasty in shape, size, form, and appearance, to the extent that it makes no difference. Only the filling, which is a paste of meat and vegetables with a few raisins, a wedge of hardboiled egg and a whole black olive, is different. The effect is not bad, but no substitute for the 'real thing'.

I tried to find out the origin of the empanada, but so far without success. There was some surprise expressed that the Cornish also made them. However, Chile is a mining country, as was Cornwall, and many Cornish Miners beat their way out here, as in all the rest of the world, in the last century, to commence the developments which are today so famous. It would be nice to think (and why not?) that they brought the empanada to Chile, and that it then developed in its own South American way while never losing the links with its origin.

I am myself working on a mine project development here, at an elevation of 4600 metres in Northern Chile. There are old mines in the area which must have had Cornishmen in attendance. I got our camp cooks to try their hand at a genuine pasty the last time they made 'empanadas al horno'. The result was a near miss but palatable. The next time they are going to try for more gravy! There is another dish here called 'pastel de papas' (potato pie) which is a dead ringer for shepherd's pie, except that the filling again is peculiarly local. Since this is the part of the world where the potato originated, perhaps in this case it could be the English who made the copy.

For the present, I hope that all will continue to go well with you and 'Trio' and hope I can look forward to keeping in touch with Port Isaac via your newspaper in the months to come. Would Chile be the furthest destination of a copy of 'Trio'? Would 4600m be its highest ground elevation?

With best wishes, yours sincerely, James Platt.

This letter was received last October and it is so interesting that I have been waiting for space to be able to print it ever since. Although it was written to me personally, I feel sure that it is worth printing in its

entirety. It is nice, occasionally to have the opportunity to print a full-length letter which, as can be seen, takes up a whole page of Trio! Chile seems to be the furthest we send Trio and I imagine 4600 metres (about

15,000 ft.) must be the highest place it goes to. The letter from Shirley Crockford was in last August's issue.

Robin Penna.



A.R.C.  
(Arthritis and Rheumatism  
Council for Research)

On 26th. March there will be a sponsored walk in which we hope all ages will join as it is over a route that is neither long nor difficult. We leave Port Isaac on the 10am. bus for Rock, cross by ferry to Padstow, and then cover the 5½ miles 'Camel Walk' beside the river to Wadebridge, formerly the railway line. The return to Port Isaac can be made on the 3.30pm. bus. Sponsorship forms are available from Mrs. Pam Richards, and myself, in Port Isaac, and from Mrs. Joy Haygreen in Trelights. If you cannot walk, will you please support us by sponsoring someone taking part? On 9th. April, there will be a Coffee Morning at the

home of Tony and Eileen Trickett of 5 Silvershell View. There will be several stalls - Bring & Buy, cakes, plants, books - and your support for this effort also will be very much appreciated.

Mrs. Hooper.

#### HOW TRIO IS PRINTED

A pupil at Port Isaac School asked me how this newsletter is printed:

"Throughout each month I put all the pieces of paper with people's news items, etc., in a folder and on 'deadline day' I type all the items out in narrow 'Trio' columns. I first assemble the advertisements on blank pages with Trio margins marked on them, then I cut out the news items and fit them around. Everything is then pasted firmly in position with 'Cow' gum. Each page is scanned on the Blackthorn Press stencil scanner, used normally for posters, brochures, etc., and 470 copies of each sheet, duplicated both sides, are run off - with care being taken to get the right pages on the back of each other! The piles of pages are stapled together by hand and most of the copies are distributed to our three newsagents. Others are sent off in individually-addressed envelopes to postal subscribers and a small number are kept at 18 New Road. The duplicating is charged for at normal rates but not the typewriting, paste-up, etc. otherwise Trio could cost about 20p per copy!" Robin Penna.

#### Prospective Trio dates - 1987:

Month	Deadline	Issued
March ...	Friday 20th.	Saturday 28th.
April ...	Thurs. 16th.	Saturday 25th.
May ...	Friday 22nd.	Saturday 30th.
June ...	Friday 19th.	Saturday 27th.
July ...	Friday 17th.	Saturday 25th.
August ..	Friday 21st.	Saturday 29th.
September	Friday 18th.	Saturday 26th.
October .	Friday 23rd.	Saturday 31st.
November	Friday 20th.	Saturday 28th.

## CLASSIFIED ADVERTISEMENTS

5P A WORD (MIN. 20P) PAID IN ADVANCE

**Part-time Staff wanted from Easter:** Receptionists, Waitresses, Cleaners, Cook. Call Mrs. Blacke, Homer Park, 880743.

**Cleaner required** for 'change-overs' at Gullrock, Port Gaverne - Fridays, Saturdays, Sundays. David Bolton 880218, for details.

**A problem with your garden?** Perhaps I can help! Please contact me, Clive Hester, c/o The Blackthorn Press, 880292, during office hours.

#### Happi Signs and Designs

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Port Isaac and District  
Tourism Association

#### ANNUAL GENERAL MEETING

Monday 23rd. March  
Church Rooms, Port Isaac  
7.30pm.

(See posters for details)

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## THE TRIO FREE DIARY

### REGULAR FIXTURES IN PORT ISAAC

**BABY/TODDLER CLINIC:** First Tuesday every month at the Surgery, 1.30-3.30

**GOLDEN CIRCLE:** Wednesdays, 2.30pm. in the Cornish Cafe.

**PLAYGROUP:** Monday, Tuesday, Thursday, 10.00-noon, Church Rooms.

**TUESDAY EVENING FELLOWSHIP:** 7.45pm., Owl Arvor, Tintagel Terrace.

**WOMEN'S FELLOWSHIP:** Alternate Tuesdays, 2.30pm., Roscarrock Church Hall.

**WOMEN'S INSTITUTE:** 2nd. Thursday in the month, 2.30pm., Cornish Cafe.

### Saturday 28th. February (today):

Port Gaverne Hotel re-opens.

### Sunday 1st. March:

10.30am. combined Parish Eucharist for St. David's Day, at St. Kew Church.

### Monday 2nd. March:

2.30pm: Local Cross-Country Championships, Delabole School.

### Tuesday March 2nd:

8.00pm: St. Endellion Church Annual General Meeting.

### Wednesday 4th. March:

Services for Ash Wednesday:

8.00am: Eucharist-St. Endellion.

10.00am: Eucharist-Port Isaac.

7.30pm: Eucharist-St. Endellion, with Laying-On of Hands.

8.00pm: Garden Society Meeting, Church Rooms, the talk will be 'A Prickly Subject' by Mr. Milton.

### Thursday 5th. March:

10.00-12.00pm: Sale of Clothing at Factory Prices, Church Rooms.

### Friday 6th. March:

9.45am: Prouts' coach for the Women's World Day of Prayer and Hunger Lunch, St. Minver.

### Saturday 7th. March:

School Auction at The Wheelhouse, Port Isaac.

### Monday 9th. March:

7.30pm: Parish Council Mthly. Meeting, Trelights Chapel Hall.

### Tuesday 10th. March:

7.15 for 7.30pm: Whist Drive, St. Endellion Church Hall.

### Wednesday 11th. March:

8.00pm: Port Isaac & Wadebridge Labour Party A.G.M., Victoria Room, Wadebridge Town Hall.

### Monday 16th. March:

5.20pm: Prouts' bus to 'Evita', Theatre Royal, Plymouth.

### Wednesday 18th. March:

Noon onwards: Home Farm Trust Lunch at Janet Chadband's (see posters).

7.30pm: Eucharist for Healing at St. Endellion Rectory. Dr. Barry Pettitt will lead discussion on Counselling the Bereaved and Depressed.

### Friday 20th. March:

5.00pm: TRIO DEADLINE.

### Monday 23rd. March:

7.30pm: Port Isaac & District Tourism Association A.G.M. Church Rooms, Port Isaac (see posters).

### Wednesday 25th. March:

3.45pm: Port Isaac School Governors' Meeting.

### Thursday 26th. March:

10.00am: Bus for A.R.C. Sponsored Walk (see article).

### Saturday 28th. March:

TRIO NO. 55

10.00am: 6-a-side and Netball Tournament, Port Isaac School.

2.30pm: Jumble Sale in aid of Scouts and Playgroup, Church Rooms.

### Sunday 29th. March:

10.30am: Port Isaac, Mothering Sunday, Combined Parish Communion.

### Monday 30th. March:

7.30pm: Port Isaac School P.T.A. Coffee Evening, with Mr. John Shirley, Cornwall Advisory Teacher for Reading.

### Friday 17th. April:

Good Friday.

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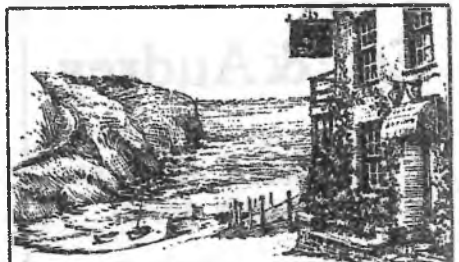
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